



70 Km Results

Pos	Name	Time
1	Kristian Turney	06:20:00
2	James Robey	07:24:37
3	Chris Mortimer	07:48:15
4	Khethokuthula Mbokazi	08:32:00
5	Theuns van Niekerk	08:57:07
6	Lucky Madonsela	09:18:00
7	Fortune Mbokazi	09:59:38
8	Chris du Plessis	10:30:15
9	Charmaine van der Merwe	10:30:15
10	Benjamin Pugh Jones	10:40:05
11	David Pittaway	11:31:33
Wrong course	Andrew Erasmus	07:15:00



22 Km Results

Pos	Name	Time
1	Owen Bengo	01:43:45
2	David Ogg	01:54:26
3	Richard Long	01:56:40
4	Kelvin Trautman	02:05:52
5	Robert Baxter	02:06:20
6	Steven Erasmus	02:07:36
7	Richard Wrath	02:18:46
8	Simon Cahill	02:20:27
9	Grant Wardell	02:22:13
10	Richard Slabbert	02:22:14
11	Andrew McKay	02:22:33
12	Mike Rockey	02:23:29
13	Christina Whitfield	02:25:28
14	Dale Wardell	02:25:40
15	Justin Baker	02:25:40
16	Kate de Villeris	02:26:00

17	Michael Hind	02:26:20
18	Grant Wilkinson	02:26:46
19	Clint Galtrey	02:26:51
20	Nic Burden	02:26:51
21	Nic Townsend	02:27:26
22	Gavin Herwood	02:27:51
23	Jaco van Niekerk	02:27:51
24	Andrew Stott	02:28:02
25	Sue Chapman	02:28:02
26	Tyler Bain	02:28:02
27	Martin Birtwhistle	02:28:30
28	Gary van der Westhuizen	02:29:08
29	Kerry Kee	02:29:15
30	Simon Wallis	02:30:14
31	Justin Petzer	02:30:33
32	Hilton Janse van Rensberg	02:30:45
33	Justin Janse van Rensberg	02:30:57
34	Brad Thompson	02:31:11
35	Jennifer Fellows	02:33:01
36	Craig Fellows	02:33:02
37	Dylan Mcgary	02:33:45
38	Damien Rautenbach	02:34:51
39	Byron Field	02:34:51
40	Peter Hugden	02:36:44
41	Ian van Rooyen	02:37:21
42	Colleen Nicholas	02:37:22
43	Lousie Rautenbach	02:39:02
44	Sabrina Chesterman	02:42:16
45	Susan Bachelor	02:42:26
46	Rochelle Montgomery	02:44:26
47	Jenna Holse	02:44:26
48	Nicola Zeidler	02:44:26
49	Jodi Dickinson	02:49:34
50	Amy Whitiny	02:49:48
51	Ray Olivier	02:50:26
52	Jenna Lee	02:51:14
53	Toni Trodd	02:53:26
54	Kerry Ras	02:53:26
55	Sam Proctor	02:53:26
56	Shelley Cluver	02:53:26
57	Ashleigh De Lima	02:55:39
58	Cara Stone	02:56:08
59	Phillipa Hensman	02:56:22
60	Di Trautman	02:56:22
61	Ant Edmonds	02:56:51
62	Angela Farr	02:59:31
63	Lionel Howard	03:02:16
64	Marc McCough	03:02:20
65	Lauren Corcoran	03:06:01
66	Stephanie Joyner	03:06:01

67 Darryn Oostuizen	03:06:41
68 Rory Evans	03:06:41
69 Steven Cox	03:07:35
70 Brenda Cox	03:07:36
71 Ashley Coleman	03:12:03
72 Jason Holder	03:12:07
73 Shaun Reid	03:12:11
74 Christine Bro	03:14:00
75 John Shuttleworth	03:14:02
76 Antonio De Silva	03:16:10
77 Anita Peens	03:17:13
78 Eileen Combes	03:17:13
79 John Pickup	03:17:21
80 Wayne Vock	03:24:35
81 Robb Botha	03:24:35
82 Lauren Booth	03:37:59



10 Km Results

Pos	Name	Time
1	Andries Saaiman	01:05:05
2	Callan McLuckie	01:05:29
3	Sean Barrett	01:08:12
4	Tom Westgate	01:08:23
5	James Morrow	01:10:26
6	Andries Saaiman Snr	01:10:42
7	Kobus van Staaden	01:11:41
8	Nick Hainesworth	01:15:06
9	Paul Ridley	01:16:06
10	Steven Stott	01:16:36
11	Vicky Stott	01:16:36
12	Berto Kotze	01:17:16
13	Lucille Abendana	01:17:16
14	Anita Pohl	01:19:34
15	Tim Kerry	01:21:06
16	F. Lochna	01:21:06
17	Peter Sobman	01:22:04
18	Kirsten Skead	01:22:11
19	Cameron Torrence	01:23:26
20	Emanal Lochner	01:23:32
21	Sally Venning	01:23:32
22	Sanet Naude	01:23:38
23	Lauren Schietener	01:24:36
24	Nicola Kidgell	01:25:42

25 Ndumiso Ngcobo	01:26:46
26 Imke Summers	01:29:42
27 Shantal Maree	01:31:17
28 Candice Stevenson	01:32:16
29 Gavin du Plooy	01:33:34
30 Duncan Moffat	01:34:30
31 Paige Drogemoller	01:39:37
32 Linda Drogemoller	01:39:39
33 Claire Lindsay	01:50:06