

iNsingizi Lodge Trail Run

15 June 2014

18km Trail Run

ROAG I.D.	NAME	RACE TIME
	Derek Wasserfall	01:26:19
	David Ogg	01:26:19
	Xoli Madida	01:40:02
	N Boyles	01:44:32
	Steve Land	01:47:00
93432	Seeps Evans	01:51:49
54322	Stuart Cox	01:59:00
	Nondumisa Khoza	02:17:12
80425	Albon	02:18:50
98157	Andy Patterson	02:19:14
12717	L Howard	02:23:32
48655	Brenda Cox	02:23:35
93632	David Campbell Hall	02:47:16
58062	Sonja	02:51:43
57794	Shane Elliott	02:51:43
85755	Jason Hyam	02:52:29
62433	Carmen Tarr	02:52:30

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9km Trail Run

ROAG #	NAME	RACE TIME
2820	Hendrik Bester	0:46:25
91326	Owen Benga	0:48:08
19831	Dane Baves	0:55:15
1440	Andrew Jones	0:56:41
62429	Greig Bannatyne	1:02:06
52225	Tamica	1:03:27
62430	CJ Serfontein	1:03:27
	Ruari Karlsen	1:08:00
	Marli van Rensvurg	1:10:15
62681	Penny Jones	1:14:30
61076	Maudene Gouws	1:15:39
	Nicky Oram	1:16:10
57358	Kelvin Daniels	1:16:10
13867	Sally Jones	1:17:48
	Jolene Pitman	1:18:00
95457	Sandra Stephens	1:20:19
	Jonathon	1:21:01
	Tyron Noria	1:21:01
	Sandra steward	1:21:16

5053	Megan Cox	1:22:13
4919	Jenna Star	1:22:34
	Cam Schoeman	1:23:00
16848	Sue St Leger	1:24:00
52571	Claire Hodgekinson	1:24:00
	Janine	1:27:50
4454	Linda Attwell	1:41:57
	Jane Evans	1:46:05
	Dave Evans	1:46:05
90624	Adelle Govender	1:48:09
59992	Ryan P	1:48:09
11987	Brian JS	2:01:29
	Diedre	2:05:38
	Phil	2:05:38

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5km Trail Run

ROAG I.D.	NAME	RACE TIME
45004	Dylan Wood	00:25:00
6711	Lauren Wood	00:27:14
10468	Andy Wood	00:27:20
10468	Warren knightly	00:29:36
62680	Shenne Couzens	00:32:51
50564	Sarah Cox	00:36:23
2504	Bronwyn Jones	00:39:05
41542	Belinda Wood	0:40:07
	Di Dohne	0:40:30
62605	Vitika Barnard	00:41:37
54600	Zerjon Barnard	00:42:30
62627	Christopher Bold	00:52:00
62625	Melissa Bold	00:52:00
61929	Gayle Venediger	01:13:00
	Jonny Ogg	01:13:00
	Jess	01:13:00
	Michele	01:13:00
6206	Vicki Barnard	01:24:00
	Bridget Smith	01:42:00
	Rhoda Kettle	01:42:00