

# Pennypinchers Grahamstown To Sea

12 July 2015

58km

RACE #	NAME	GENDER	AGE CATEGORY	RACE TIME	OVERALL POSITION	AGE CATEGORY POSITION	GENDER POSITION
1	jason meaton	Male	Senior(M)	01:46:07	1	1	1
104	Heine Lategan	Male	Sub-vets(M)	01:46:16	2	1	2
180	JONATHAN ROSENSTRAUCH	Male	Senior(M)	01:46:46	3	2	3
102	Stefan Geldenhuys	Male	Sub-vets(M)	01:48:02	4	2	4
105	Kyle Bradford	Male	Senior(M)	01:48:31	5	3	5
2	AWIE JACOBS	Male	Vets(M)	01:50:16	6	1	6
112	Donovan O'Reilly	Male	Vets(M)	01:53:30	7	2	7
5	Grant Daly	Male	Junior(M)	01:54:23	8	1	8
25	Lloyd Vos	Male	Junior(M)	01:54:24	9	2	9
3	Joaquim Carneiro	Male	Sub-vets(M)	01:57:08	10	3	10
421	Bevan Manson	Male	Sub-vets(M)	01:57:55	11	4	11
495	Courtney Woodin	Male	Vets(M)	01:58:00	12	3	12
103	Barend Geldenhuys	Male	Sub-vets(M)	01:58:24	13	5	13
388	Denzil Hewitt	Male	Vets(M)	01:58:42	14	4	14
106	Bradley Harrington	Male	Junior(M)	01:59:38	15	3	15
21	Kevin Watson	Male	Master(M)	01:59:59	16	1	16
9	Nolan Berriman	Male	Sub-vets(M)	02:01:21	17	6	17
4	Tony Thorburn	Male	Grand Master(M)	02:01:28	18	1	18
22	Dwayne Embery	Male	Vets(M)	02:01:34	19	5	19
8	Craig Townsend	Male	Master(M)	02:01:39	20	2	20
10	Craig Boettger	Male	Vets(M)	02:02:15	21	6	21
79	Sean Gooden	Male	Senior(M)	02:02:51	22	4	22
7	Malcolm Robinson	Male	Vets(M)	02:03:08	23	7	23
15	Albert Joubert	Male	Vets(M)	02:03:22	24	8	24
23	DUNCAN LLOYD	Male	Master(M)	02:04:57	25	3	25
24	Philip Bromley-Gans	Male	Senior(M)	02:05:15	26	5	26
308	Ian Moore	Male	Master(M)	02:05:16	27	4	27
115	Lazarus Mangwende	Male	Sub-vets(M)	02:05:43	28	7	28
12	wynand minnie	Male	Senior(M)	02:05:59	29	6	29
192	Dylan Petzer	Male	Senior(M)	02:06:13	30	7	30
209	Justin Steyn	Male	Senior(M)	02:06:16	31	8	31
18	Ed Bennett	Male	Vets(M)	02:06:20	32	9	32
319	Johan Conradie	Male	Master(M)	02:06:40	33	5	33
203	Sean Knight	Male	Senior(M)	02:06:42	34	9	34
16	IAN WALLAND	Male	Grand Master(M)	02:06:49	35	2	35
450	lou vorster	Male	Sub-vets(M)	02:06:54	36	8	36
440	Dale Jackson	Male	Sub-vets(M)	02:06:57	37	9	37
370	Antony Daniels	Male	Vets(M)	02:07:16	38	10	38
411	Olivia Read	Female	Sub-vets(F)	02:07:23	39	1	1
63	Chris Webster	Male	Senior(M)	02:08:29	40	10	39
14	Gary Goldschmidt	Male	Sub-vets(M)	02:08:32	41	10	40
13	Jonathan Webster	Male	Sub-vets(M)	02:08:33	42	11	41
6	MIKE ASKEW	Male	Vets(M)	02:10:12	43	11	42
377	Gunther Junger	Male	Vets(M)	02:10:15	44	12	43
220	Leo Sorensen	Male	Senior(M)	02:10:29	45	11	44
11	Jan-Hendrik Havenga	Male	Senior(M)	02:11:03	46	12	45
185	Guy Musto	Male	Junior(M)	02:11:11	47	4	46
311	WAYNE SALZWEDEL	Male	Master(M)	02:11:15	48	6	47
351	William Craven	Male	Vets(M)	02:11:43	49	13	48
231	Jan Kotze	Male	Senior(M)	02:11:46	50	13	49
26	Louis Janse van Rensburg	Male	Vets(M)	02:12:47	51	14	50
28	Shannon Kirkhoff	Female	Vets(F)	02:12:59	52	1	2
27	jenni opperman	Female	Master(F)	02:13:01	53	1	3
338	Brendan Dryden	Male	Vets(M)	02:13:31	54	15	51
34	Johan Marais	Male	Vets(M)	02:13:37	55	16	52
243	Graeme Van Zyl	Male	Vets(M)	02:14:08	56	17	53

32	Christine Harrison	Female	Master(F)	02:14:25	57	2	4
114	Donovan Tredea	Male	Vets(M)	02:14:44	58	18	54
277	Trevor Hill	Male	Master(M)	02:14:47	59	7	55
356	Shaun Uys	Male	Vets(M)	02:14:57	60	19	56
42	Robbie Powell	Male	Vets(M)	02:14:58	61	20	57
312	Alta Havenga	Female	Master(F)	02:15:06	62	3	5
29	Jean Benecke	Male	Vets(M)	02:15:33	63	21	58
73	Marius van Vuuren	Male	Vets(M)	02:15:34	64	22	59
314	Stephanus Gerber	Male	Master(M)	02:15:44	65	8	60
36	Andre Mclean	Male	Vets(M)	02:15:47	66	23	61
35	Pierre Mclean	Male	Vets(M)	02:15:51	67	24	62
287	Okkie Steyn	Male	Master(M)	02:16:00	68	9	63
70	Gert van Vuuren	Male	Sub-vets(M)	02:16:03	69	12	64
224	Reynier Koen	Male	Senior(M)	02:16:05	70	14	65
490	DEON VILJOEN	Male	Grand Master(M)	02:18:22	71	3	66
223	Juan Maree	Male	Senior(M)	02:18:24	72	15	67
275	SAKKIE ERASMUS	Male	Master(M)	02:18:26	73	10	68
267	rob ermes	Male	Grand Master(M)	02:18:33	74	4	69
50	CLIFFORD MOUNSEAR-WILSO	Male	Vets(M)	02:18:41	75	25	70
369	brett puttergill	Male	Vets(M)	02:18:42	76	26	71
39	Brendan Booker	Male	Sub-vets(M)	02:18:44	77	13	72
335	Pierre Moolman	Male	Vets(M)	02:18:46	78	27	73
58	Darryl Buchanan	Male	Master(M)	02:20:21	79	11	74
37	Andrew Marshall	Male	Vets(M)	02:20:30	80	28	75
298	Graeme Savage	Male	Master(M)	02:20:34	81	12	76
41	Alex Kingwill	Male	Master(M)	02:20:54	82	13	77
409	Ben Garrett	Male	Sub-vets(M)	02:21:12	83	14	78
190	andrew meiklejohn	Male	Senior(M)	02:21:19	84	16	79
174	Tiaan Viljoen	Male	Master(M)	02:21:21	85	14	80
395	Austin Brett	Male	Vets(M)	02:21:33	86	29	81
66	Terri-Lynn Penney	Female	Sub-vets(F)	02:22:05	87	2	6
241	alex mcLeod	Male	Vets(M)	02:22:09	88	30	82
394	Tiaan Naude	Male	Vets(M)	02:22:11	89	31	83
391	Kevin Warren	Male	Vets(M)	02:22:43	90	32	84
473	Mark Exley	Male	Master(M)	02:22:45	91	15	85
405	Craig Stowe	Male	Vets(M)	02:22:46	92	33	86
67	Gavin Harvey	Male	Master(M)	02:23:11	93	16	87
54	David William Collins	Male	Grand Master(M)	02:23:13	94	5	88
64	michael greenwood	Male	Master(M)	02:23:16	95	17	89
378	Colin Mackenzie	Male	Vets(M)	02:23:18	96	34	90
331	Lester Welgemoed	Male	Vets(M)	02:23:20	97	35	91
38	David Timms	Male	Master(M)	02:23:25	98	18	92
81	Elroy Moolman	Male	Vets(M)	02:23:58	99	36	93
109	Deon Zeelie	Male	Vets(M)	02:24:40	100	37	94
68	Dylan Weyer	Male	Sub-vets(M)	02:24:42	101	15	95
95	Duane van Zyl	Male	Sub-vets(M)	02:24:44	102	16	96
43	Bruce johnson	Male	Master(M)	02:25:53	103	19	97
51	Martin Glaum	Male	Master(M)	02:25:54	104	20	98
52	Lee-Ann Beard	Female	Vets(F)	02:25:59	105	2	7
71	jaco visser	Male	Sub-vets(M)	02:26:00	106	17	99
392	Ruben Snyman	Male	Vets(M)	02:26:44	107	38	100
456	Alex Midlane	Male	Sub-vets(M)	02:26:50	108	18	101
431	Damien Catherine	Male	Sub-vets(M)	02:26:52	109	19	102
459	Rudi Le Roux	Male	Sub-vets(M)	02:26:55	110	20	103
403	charlie van gent	Male	Vets(M)	02:27:10	111	39	104
211	Ben Cilliers	Male	Senior(M)	02:27:15	112	17	105
304	Hendrik Bouwer	Male	Master(M)	02:27:19	113	21	106
484	Stuart Tawse	Male	Sub-vets(M)	02:27:37	114	21	107
19	morne kapp	Male	Vets(M)	02:27:38	115	40	108
62	Chantel Kapp	Female	Sub-vets(F)	02:27:39	116	3	8
341	Douglas Charles	Male	Vets(M)	02:27:42	117	41	109
295	Shawn Smith	Male	Master(M)	02:27:45	118	22	110
198	Bradley Mapstone	Male	Senior(M)	02:28:29	119	18	111

384	Andrew Kilian	Male	Vets(M)	02:28:39	120	42	112
478	Andre Wille	Male	Vets(M)	02:28:50	121	43	113
299	Noeleen Trollip	Female	Master(F)	02:28:59	122	4	9
57	John Mogridge	Male	Master(M)	02:29:03	123	23	114
194	Chase Van Breda	Male	Senior(M)	02:29:22	124	19	115
336	Philip Nienaber	Male	Vets(M)	02:29:41	125	44	116
188	Michael Savage	Male	Junior(M)	02:29:57	126	5	117
100	Brad Jackson	Male	Sub-vets(M)	02:30:46	127	22	118
488	Jannie Wepener	Male	Master(M)	02:31:22	128	24	119
45	Carl Hempel	Male	Master(M)	02:31:23	129	25	120
107	Kristen Harrington	Female	Junior(F)	02:31:24	130	1	10
413	Thomas Lamont	Male	Sub-vets(M)	02:32:52	131	23	121
425	Andrew Weber	Male	Sub-vets(M)	02:32:53	132	24	122
78	Rob Ellingson	Male	Master(M)	02:32:58	133	26	123
467	Richard Tebbot	Male	Master(M)	02:33:01	134	27	124
56	Wayne Rathbone	Male	Vets(M)	02:33:52	135	45	125
227	Mncedi Mtimde	Male	Senior(M)	02:34:09	136	20	126
44	Dudley Emslie	Male	Grand Master(M)	02:34:10	137	6	127
59	Alan Mounsear-Wilson	Male	Grand Master(M)	02:34:12	138	7	128
260	Simon Todd	Male	Grand Master(M)	02:34:13	139	8	129
113	Oskar De Witt	Male	Vets(M)	02:34:14	140	46	130
153	Jared Charlton	Male	Senior(M)	02:34:17	141	21	131
94	Frank McLachlan	Male	Sub-vets(M)	02:34:24	142	25	132
108	Dwayne Cruickshank	Male	Sub-vets(M)	02:34:26	143	26	133
508	Richard Tyson	Male	Senior(M)	02:34:28	144	22	134
424	Sangen Moothoo	Male	Sub-vets(M)	02:34:30	145	27	135
259	Leon Kapp	Male	Grand Master(M)	02:34:52	146	9	136
466	Graham Keeche	Male	Vets(M)	02:34:57	147	47	137
176	Derek Glass	Male	Master(M)	02:35:04	148	28	138
407	Matthew Covarr	Male	Vets(M)	02:35:06	149	48	139
436	Heine Els	Male	Sub-vets(M)	02:35:14	150	28	140
251	Quintin Chellew	Male	Grand Master(M)	02:35:21	151	10	141
48	Robin Melville	Male	Sub-vets(M)	02:35:22	152	29	142
366	Robin Cyrolies	Male	Vets(M)	02:35:31	153	49	143
428	allan hartslielief	Male	Sub-vets(M)	02:35:42	154	30	144
69	JOHN KEMP	Male	Vets(M)	02:35:52	155	50	145
186	William Conradie	Male	Junior(M)	02:36:11	156	6	146
385	liesl nienaber	Female	Vets(F)	02:36:12	157	3	11
55	Pierre du Preez	Male	Vets(M)	02:36:19	158	51	147
222	Ryno Greeff	Male	Senior(M)	02:36:44	159	23	148
410	Morne Thackeray	Male	Sub-vets(M)	02:36:47	160	31	149
315	Suzie du Plessis	Female	Master(F)	02:37:25	161	5	12
487	Steven Palmer	Male	Sub-vets(M)	02:37:36	162	32	150
477	Taryn-Maie Wille	Female	Junior(F)	02:37:44	163	2	13
281	RICHARD MOORE	Male	Master(M)	02:38:00	164	29	151
181	tegan van der merwe	Female	Junior(F)	02:38:02	165	3	14
296	janneman van der merwe	Male	Master(M)	02:38:06	166	30	152
83	Clint Barratt	Male	Vets(M)	02:38:19	167	52	153
61	Stuart Wood	Male	Master(M)	02:38:29	168	31	154
49	Andrew Butcher	Male	Vets(M)	02:38:30	169	53	155
46	Neil Harkin	Male	Master(M)	02:38:38	170	32	156
417	Jeandre Nel	Male	Sub-vets(M)	02:39:00	171	33	157
455	Andrew Johl	Male	Sub-vets(M)	02:39:09	172	34	158
415	Erik Kemp	Male	Sub-vets(M)	02:39:42	173	35	159
339	Trevor Gascoyne	Male	Vets(M)	02:39:45	174	54	160
504	CHRIS LOVEMORE	Male	Vets(M)	02:39:47	175	55	161
256	EUGENE VAN TONDER	Male	Grand Master(M)	02:39:50	176	11	162
414	Jane Kemp	Female	Sub-vets(F)	02:40:07	177	4	15
210	Grant Schipper	Male	Senior(M)	02:40:08	178	24	163
248	Tinus Jacobsz	Male	Grand Master(M)	02:40:12	179	12	164
206	Grant Johl	Male	Senior(M)	02:40:14	180	25	165
65	Denise Mclean	Female	Master(F)	02:40:20	181	6	16
165	Barry Horvath	Male	Sub-vets(M)	02:41:00	182	36	166

365	Brendon Morris	Male	Vets(M)	02:41:03	183	56	167
398	Andrew Rist	Male	Vets(M)	02:41:12	184	57	168
213	MICHIEL FOURIE	Male	Senior(M)	02:41:23	185	26	169
499	Abigail Rosentrauch	Female	Senior(F)	02:41:27	186	1	17
288	Alasdair Sholto-Douglas	Male	Master(M)	02:41:29	187	33	170
406	Richard Maclear	Male	Vets(M)	02:41:32	188	58	171
465	Neil Currie	Male	Master(M)	02:41:39	189	34	172
76	Wayne Pieterse	Male	Master(M)	02:41:41	190	35	173
285	Marc Leathern	Male	Master(M)	02:41:42	191	36	174
86	Terence Karshagen	Male	Vets(M)	02:41:44	192	59	175
337	JOHANNES FERREIRA	Male	Vets(M)	02:41:49	193	60	176
74	Clive Lees	Male	Sub-vets(M)	02:41:57	194	37	177
343	Les williams	Male	Vets(M)	02:42:01	195	61	178
464	Jon Lighen	Male	Vets(M)	02:42:04	196	62	179
72	Lida Louw	Female	Grand Master(F)	02:42:07	197	1	18
347	Duwayne Lee	Male	Vets(M)	02:42:20	198	63	180
418	Susan Van Gent	Female	Sub-vets(F)	02:42:26	199	5	19
503	Clayton Whitaker	Male	Vets(M)	02:43:25	200	64	181
84	Tracy De Koning	Female	Sub-vets(F)	02:43:32	201	6	20
53	Marthius Mattheus	Male	Master(M)	02:43:34	202	37	182
322	Len Porter	Male	Master(M)	02:43:36	203	38	183
485	Carel Viljoen	Male	Grand Master(M)	02:43:46	204	13	184
269	Mark Marusich	Male	Grand Master(M)	02:43:52	205	14	185
189	Caimen Toich	Male	Junior(M)	02:44:15	206	7	186
92	claud knoesen	Male	Grand Master(M)	02:44:16	207	15	187
91	John Cable	Male	Grand Master(M)	02:44:17	208	16	188
280	Suzanne Lavis	Male	Master(M)	02:44:19	209	39	189
330	Sharon Kirkhoff	Female	Vets(F)	02:44:20	210	4	21
474	Bradley Jackson	Male	Senior(M)	02:44:23	211	27	190
323	Anthony Rautenbach	Male	Master(M)	02:44:27	212	40	191
101	Charlie Jackson	Male	Master(M)	02:44:31	213	41	192
494	Conor Du Preez	Male	Junior(M)	02:44:41	214	8	193
208	Justin Savage	Male	Senior(M)	02:45:01	215	28	194
284	Mynard Fourie	Male	Master(M)	02:45:13	216	42	195
393	Frank fourie	Male	Vets(M)	02:45:51	217	65	196
426	Kirsty fourie	Female	Sub-vets(F)	02:45:53	218	7	22
380	jacques cooper	Male	Vets(M)	02:46:19	219	66	197
110	Stefan Ferreira	Male	Sub-vets(M)	02:46:28	220	38	198
215	Michelle Koen	Female	Senior(F)	02:47:14	221	2	23
345	Reinhardt Skorbinski	Male	Vets(M)	02:47:18	222	67	199
80	BUTCH KRIEL	Male	Master(M)	02:47:20	223	43	200
352	Guy Saulez	Male	Vets(M)	02:47:28	224	68	201
496	Troy Inman	Male	Vets(M)	02:47:36	225	69	202
195	Anthony Tennick	Male	Senior(M)	02:47:56	226	29	203
182	Ryan Pott	Male	Senior(M)	02:47:57	227	30	204
255	Peter Reed	Male	Grand Master(M)	02:48:32	228	17	205
93	Duan Meyer	Male	Sub-vets(M)	02:48:55	229	39	206
446	Lourens van Zyl	Male	Sub-vets(M)	02:48:57	230	40	207
226	Zamokuhle Felix Mkize	Male	Senior(M)	02:49:22	231	31	208
396	Clinton Yoko	Male	Vets(M)	02:49:37	232	70	209
354	Renier Coetzee	Male	Vets(M)	02:50:17	233	71	210
166	Daryl Mitchell	Male	Vets(M)	02:50:56	234	72	211
501	Johann Potgieter	Male	Master(M)	02:50:58	235	44	212
448	Jaco van Dyk	Male	Sub-vets(M)	02:51:26	236	41	213
349	Kevin Campbell	Male	Vets(M)	02:51:30	237	73	214
160	Buzz Bowker	Male	Master(M)	02:52:45	238	45	215
200	Ross Ferguson	Male	Senior(M)	02:53:32	239	32	216
509	Russell Keet	Male	Grand Master(M)	02:53:40	240	18	217
318	Carel van Gend	Male	Master(M)	02:53:47	241	46	218
273	Clive lavis	Male	Master(M)	02:53:55	242	47	219
97	francois botha	Male	Grand Master(M)	02:54:10	243	19	220
305	Herman Fourie	Male	Master(M)	02:54:13	244	48	221
257	Tony Anthony	Male	Grand Master(M)	02:54:16	245	20	222

348	michael webb	Male	Vets(M)	02:54:19	246	74	223
445	Gershwin Sauls	Male	Sub-vets(M)	02:54:21	247	42	224
235	Robert Botha	Male	Sub-vets(M)	02:54:22	248	43	225
229	Jean-Pierre Blignault	Male	Senior(M)	02:54:28	249	33	226
214	Nicolette Blignault	Female	Senior(F)	02:54:30	250	3	24
216	Andre Willemse	Male	Senior(M)	02:54:31	251	34	227
432	Shimorne Prince	Female	Sub-vets(F)	02:54:41	252	8	25
476	Ryan Nel	Male	Senior(M)	02:54:56	253	35	228
264	Selwyn Gill	Male	Grand Master(M)	02:55:51	254	21	229
261	Miles Dell	Male	Grand Master(M)	02:56:02	255	22	230
439	Colin Roux	Male	Sub-vets(M)	02:56:05	256	44	231
75	Christina(christelle) Le Roux	Female	Master(F)	02:56:16	257	7	26
429	Quinta Carr	Female	Sub-vets(F)	02:56:19	258	9	27
387	Deon Bekker	Male	Vets(M)	02:56:33	259	75	232
292	Jillian Dunlop	Female	Master(F)	02:56:40	260	8	28
502	Paul Lynch	Male	Master(M)	02:56:43	261	49	233
397	Stephan Maree	Male	Vets(M)	02:56:45	262	76	234
217	Melanie Willemse	Female	Senior(F)	02:57:07	263	4	29
167	Mark Ruffer	Male	Vets(M)	02:57:14	264	77	235
449	Shelly Goldschmidt	Female	Sub-vets(F)	02:57:17	265	10	30
286	MC Botha	Male	Master(M)	02:57:19	266	50	236
492	Patric Whitfield	Male	Senior(M)	02:57:31	267	36	237
475	Daniel Coward	Male	Junior(M)	02:57:55	268	9	238
507	Mike Weeks	Male	Master(M)	02:58:18	269	51	239
294	wikus van zyl	Male	Master(M)	02:58:25	270	52	240
416	Megan Phillips	Female	Sub-vets(F)	02:58:30	271	11	31
401	Steven Phillips	Male	Vets(M)	02:58:32	272	78	241
505	Bernice van Zyl	Female	Sub-vets(F)	02:58:42	273	12	32
218	Anthony Caulfield	Male	Senior(M)	02:58:58	274	37	242
486	Gerhard Grobler	Male	Senior(M)	02:59:00	275	38	243
272	Hendrik Nel	Male	Master(M)	02:59:12	276	53	244
327	Marius Hanekom	Male	Vets(M)	02:59:13	277	79	245
172	Darryl Ahlschlager	Male	Sub-vets(M)	02:59:15	278	45	246
250	IVAN Schonknecht	Male	Grand Master(M)	02:59:22	279	23	247
164	William McLachlan	Male	Master(M)	02:59:41	280	54	248
163	Greg Ducie	Male	Vets(M)	02:59:42	281	80	249
325	Renee Eyman	Female	Vets(F)	02:59:44	282	5	33
85	Annelize Marais	Female	Vets(F)	02:59:46	283	6	34
462	Egbert Gerrits	Male	Sub-vets(M)	02:59:50	284	46	250
191	Matthew Petzer	Male	Senior(M)	02:59:51	285	39	251
266	Gavin O'Leary	Male	Grand Master(M)	02:59:52	286	24	252
98	Evangelos Vassiliou	Male	Vets(M)	02:59:54	287	81	253
230	Alastair Briggs	Male	Senior(M)	03:00:06	288	40	254
268	Leigh Briggs	Male	Grand Master(M)	03:01:24	289	25	255
89	CJ Gadu	Male	Senior(M)	03:01:29	290	41	256
184	Christian Viljoen	Male	Junior(M)	03:01:37	291	10	257
274	David Roux	Male	Master(M)	03:01:46	292	55	258
173	Rosemary Dwight	Female	Senior(F)	03:01:47	293	5	35
404	Jessica Charles	Female	Vets(F)	03:02:24	294	7	36
375	Richard Armstrong	Male	Vets(M)	03:02:27	295	82	259
434	Gys Niesing	Male	Sub-vets(M)	03:02:28	296	47	260
317	Athena Sims	Female	Master(F)	03:02:33	297	9	37
307	Chris Herselman	Male	Master(M)	03:02:34	298	56	261
326	Gary Oelofse	Male	Vets(M)	03:02:35	299	83	262
212	Heather Samuel	Female	Senior(F)	03:02:37	300	6	38
350	Gavin Allchurch	Male	Vets(M)	03:02:57	301	84	263
355	Thomas Van Deemter	Male	Vets(M)	03:03:00	302	85	264
353	Paula Trollope	Female	Vets(F)	03:03:37	303	8	39
262	Neil Fox	Male	Grand Master(M)	03:03:40	304	26	265
489	Gerard Volmer	Male	Senior(M)	03:04:06	305	42	266
175	Leo Hulsman	Male	Master(M)	03:04:21	306	57	267
362	Desmond O'Connor	Male	Vets(M)	03:04:25	307	86	268
247	archie maree	Male	Grand Master(M)	03:04:37	308	27	269

373	Paul Gerrard	Male	Vets(M)	03:04:39	309	87	270
202	Patrick Dillon	Male	Senior(M)	03:04:58	310	43	271
201	matthew waddilove	Male	Senior(M)	03:04:59	311	44	272
367	Dawie Cloete	Male	Vets(M)	03:05:02	312	88	273
329	lynette Badenhorst	Female	Vets(F)	03:05:03	313	9	40
316	anton Badenhorst	Male	Master(M)	03:05:05	314	58	274
368	Charmaine De Klerk	Female	Vets(F)	03:05:18	315	10	41
461	vusumzi jakuja	Male	Sub-vets(M)	03:07:07	316	48	275
111	Siyabonga Ntando	Male	Sub-vets(M)	03:07:15	317	49	276
360	Neil Harvey	Male	Vets(M)	03:07:33	318	89	277
301	Ian Taylor	Male	Master(M)	03:07:57	319	59	278
244	Addie Wolf	Male	Grand Master(M)	03:08:03	320	28	279
364	Matthew Worthington	Male	Vets(M)	03:08:05	321	90	280
236	Carel Jacobs	Male	Sub-vets(M)	03:08:06	322	50	281
452	Elmien Kotze	Female	Sub-vets(F)	03:08:20	323	13	42
458	Patrick Hanly	Male	Grand Master(M)	03:08:25	324	29	282
225	Erin Bromley-Gans	Female	Senior(F)	03:08:26	325	7	43
372	Duncan Long	Male	Vets(M)	03:10:27	326	91	283
283	John Moorcroft	Male	Master(M)	03:10:33	327	60	284
99	Terry Mitchell	Male	Master(M)	03:10:35	328	61	285
207	Leandi Jansen	Female	Senior(F)	03:10:51	329	8	44
162	Cathy Gorham	Female	Vets(F)	03:11:27	330	11	45
239	Jeremy Maclachlan	Male	Sub-vets(M)	03:11:47	331	51	286
324	Andrew Maffessanti	Male	Master(M)	03:12:35	332	62	287
438	candice peltenburg	Female	Sub-vets(F)	03:14:06	333	14	46
342	Kevin Benade'	Male	Vets(M)	03:14:08	334	92	288
242	Dylan Karshagen	Male	Junior(M)	03:14:11	335	11	289
196	Chris KEMP	Male	Senior(M)	03:14:19	336	45	290
483	Brent Tucker	Male	Sub-vets(M)	03:14:33	337	52	291
500	Leon Lee	Male	Master(M)	03:15:16	338	63	292
363	Andre Blignaut	Male	Vets(M)	03:16:04	339	93	293
468	Carol Thomson	Female	Grand Master(F)	03:16:38	340	2	47
379	Rosemary Kilian	Female	Vets(F)	03:18:10	341	12	48
419	Dandrei Nel	Male	Sub-vets(M)	03:18:12	342	53	294
332	Gerhard Greyling	Male	Vets(M)	03:18:13	343	94	295
154	Lorraine Maree	Female	Sub-vets(F)	03:18:14	344	15	49
382	Aneen Van Aswegen	Female	Vets(F)	03:18:17	345	13	50
357	Barbara Welgemoed	Female	Vets(F)	03:18:25	346	14	51
374	Carmen Mac Kenzie	Female	Vets(F)	03:18:27	347	15	52
263	rodney myburgh	Male	Grand Master(M)	03:18:44	348	30	296
457	Toni Mounsear-Wilson	Female	Sub-vets(F)	03:19:19	349	16	53
383	Rene' Skorbinski	Female	Vets(F)	03:19:34	350	16	54
344	Wynand Skorbinski	Male	Vets(M)	03:19:36	351	95	297
271	Chris Botha	Male	Master(M)	03:20:29	352	64	298
313	Brian Spilkin	Male	Master(M)	03:20:31	353	65	299
376	Zane Joynt	Male	Vets(M)	03:20:41	354	96	300
453	Rozanne Koen	Female	Sub-vets(F)	03:21:35	355	17	55
389	Brendan Day	Male	Vets(M)	03:21:37	356	97	301
168	Vanessa Stander	Female	Master(F)	03:21:49	357	10	56
400	Ronel Scheepers	Female	Vets(F)	03:22:37	358	17	57
390	Angela Ward	Female	Vets(F)	03:22:56	359	18	58
437	Nicolene Schutte	Female	Sub-vets(F)	03:24:13	360	18	59
399	CECILIA MARITZ	Female	Vets(F)	03:24:15	361	19	60
422	Johan Schutte	Male	Sub-vets(M)	03:24:18	362	54	302
381	FRANS MARITZ	Male	Vets(M)	03:24:21	363	98	303
482	Harry Abourizk	Male	Sub-vets(M)	03:25:30	364	55	304
481	Tami Abourizk	Female	Senior(F)	03:25:31	365	9	61
237	Jako Gerber	Male	Sub-vets(M)	03:25:33	366	56	305
289	Jakkie Gerber	Male	Master(M)	03:25:36	367	66	306
240	Julius Horak	Male	Sub-vets(M)	03:25:38	368	57	307
87	tim williams	Male	Junior(M)	03:25:39	369	12	308
238	Siphiwe Mtimde	Male	Sub-vets(M)	03:27:31	370	58	309
306	Leonie Yendall	Female	Master(F)	03:27:53	371	11	62

320	Annemarie van Wyk	Female	Master(F)	03:28:59	372	12	63
290	Brian Watson	Male	Master(M)	03:29:19	373	67	310
293	Mike Sewell	Male	Master(M)	03:29:20	374	68	311
427	Leslie Van der Merwe	Male	Sub-vets(M)	03:33:16	375	59	312
460	Leanne Van der merwe	Female	Sub-vets(F)	03:33:17	376	19	64
278	Warren Collier	Male	Master(M)	03:34:34	377	69	313
303	Brett May	Male	Master(M)	03:34:37	378	70	314
471	Tamika Fellows	Female	Senior(F)	03:35:14	379	10	65
205	Gareth Nuttall-Smith	Male	Senior(M)	03:35:15	380	46	315
506	Cary-Ann Joynt	Female	Vets(F)	03:35:39	381	20	66
412	Deanne Allchurch	Female	Sub-vets(F)	03:36:25	382	20	67
297	Michele Clarke	Female	Master(F)	03:38:38	383	13	68
276	David Clarke	Male	Master(M)	03:38:40	384	71	316
88	val beetham	Female	Vets(F)	03:39:13	385	21	69
169	farral orton	Male	Vets(M)	03:39:14	386	99	317
493	Reef Du Preez	Male	Junior(M)	03:39:16	387	13	318
599	Edward Hazell	Male	Senior(M)	03:40:18	388	47	319
265	TINA DERBYSHIRE	Female	Grand Master(F)	03:41:23	389	3	70
246	Ivor Derbyshire	Male	Grand Master(M)	03:41:24	390	31	320
346	Tracy Van Aarde	Female	Vets(F)	03:42:29	391	22	71
310	Mazweni Daniel Mkhize	Male	Master(M)	03:42:45	392	72	321
402	Andries Ferreira	Male	Vets(M)	03:43:05	393	100	322
156	Tiffany Mclean	Female	Senior(F)	03:44:08	394	11	72
30	Andrew Ward	Male	Vets(M)	03:44:35	395	101	323
479	Paula Archibald	Female	Vets(F)	03:44:37	396	23	73
233	Kyriakos Menezes	Male	Sub-vets(M)	03:44:45	397	60	324
249	Robert Reuvers	Male	Grand Master(M)	03:46:34	398	32	325
245	Peter Tester	Male	Grand Master(M)	03:50:34	399	33	326
498	Rina Holmes	Female	Master(F)	03:54:42	400	14	74
497	Ray Holmes	Male	Master(M)	03:54:43	401	73	327
454	Pieter Lessingh	Male	Sub-vets(M)	03:57:49	402	61	328
253	Peter Giddy	Male	Grand Master(M)	03:59:21	403	34	329
443	Candice Marshall	Female	Sub-vets(F)	04:00:38	404	21	75
469	Matthew Cartwright	Male	Sub-vets(M)	04:01:16	405	62	330
470	Oliver Cartwright	Male	Grand Master(M)	04:01:25	406	35	331
282	Sandra Thompson	Female	Master(F)	04:01:35	407	15	76
444	Andrew Mounsear-Wilson	Male	Sub-vets(M)	04:02:21	408	63	332
491	Werner Grobler	Male	Sub-vets(M)	04:02:23	409	64	333
177	Stefan Benn	Male	Senior(M)	04:20:22	410	48	334
178	Monique McLean	Female	Senior(F)	04:20:24	411	12	77
155	Leon Mclean	Male	Master(M)	04:20:25	412	74	335
232	Pindile Manjo	Female	Sub-vets(F)	04:24:54	413	22	78
433	Luvuyo Manjo	Male	Sub-vets(M)	04:24:58	414	65	336