



LYNFORD UMKO TRAILS



03 September 2016

30km Umko Trail Descent

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION	GENDER POSITION
120	Steven Erasmus	Male	02:09:00	1	1
197	Colin Van den Burgh	Male	02:16:14	2	2
81243	Stuart Aitken	Male	02:26:03	3	3
177	Thomas Mann	Male	02:27:24	4	4
186	Spurgeon Flemington	Male	02:30:26	5	5
194	Greg Carter-Brown	Male	02:33:38	6	6
195	Andrew van Rensburg	Male	02:34:54	7	7
11195	Debbie Kitto	Female	02:38:49	8	1
103	Sue Chapman	Female	02:41:30	9	2
118	Lance Chapman	Male	02:41:31	10	8
188	Glen Morgan	Male	02:43:44	11	9
178	Ryan Solomon	Male	02:44:03	12	10
122	Pip Mortlock	Male	02:48:05	13	11
198	Kerwin Diedricks	Male	02:49:49	14	12
226	Skumbuza Dlamini	Male	02:56:25	15	13
157	Eugene Martin	Male	02:57:10	16	14
228	Velani Sosibo	Male	02:57:58	17	15
189	Marlene De Beer	Female	02:58:38	18	3
187	Kerryn Pooler	Female	03:00:21	19	4
196	Natasha Papini	Female	03:04:17	20	5
227	Phillip Shezi	Male	03:08:27	21	16
155	Marcelle Kageler	Male	03:10:25	22	17
164	Tarryn Butler	Female	03:13:07	23	6
149	David Macdonald	Male	03:13:18	24	18
191	Lawrence Avis	Male	03:14:41	25	19
167	Sonja Cech	Female	03:14:44	26	7
156	Sonja Kageler	Female	03:15:55	27	8
183	Tyrone Potts	Male	03:18:37	28	20
182	Emma Potts	Female	03:19:02	29	9
119	Shale Biggs	Female	03:19:21	30	10
148	Liezle Dudley	Female	03:19:42	31	11
147	G. L Dudley	Male	03:20:46	32	21
150	Mignon Klusener	Female	03:20:59	33	12
143	Colleen Nicholas	Female	03:23:28	34	13
199	Kerry Kee	Female	03:23:35	35	14
142	Barend Harmse	Male	03:23:42	36	22
121	Dannon Mackenzie	Female	03:25:28	37	15
123	Helena Noll	Female	03:25:36	38	16
124	Chivonne Peters	Female	03:29:14	39	17
136	Stuart Cox	Male	03:31:16	40	23
146	Johan Von Caus	Male	03:31:17	41	24
145	Louis Engelbrecht	Male	03:31:47	42	25
137	Brenda Cox	Female	03:32:27	43	18

158	Alan Kernick	Male	03:41:52	44	26
159	Fiona Kernick	Female	03:41:53	45	19
192	Buzz Bolton	Male	03:44:11	46	27
165	Sandra - Leigh Rogerson	Female	03:58:51	47	20
102	Jarryd Nash	Male	04:04:02	48	28
101	Gaynor Miller	Female	04:04:03	49	21
144	Fiona Hoareau	Female	04:30:45	50	22
31481	Nomvula Sikhakhane	Female	04:31:08	51	23
162	Shan McClelland	Female	04:31:20	52	24
163	John McClelland	Male	04:31:57	53	29
141	Alison Chadwick	Female	04:33:17	54	25



LYNFORD UMKO TRAILS



03 September 2016

18km Umko Trail Descent

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION	GENDER POSITION
125	Brandon Orpwood	Male	01:32:30	1	1
174	Tim Simpson	Male	01:34:40	2	2
138	Marina Goodson	Female	01:56:28	3	1
129	Tom Stapylton - Smith	Male	01:59:14	4	3
117	Andrew Bartlett	Male	01:59:45	5	4
127	Amy Bartlett	Female	02:00:08	6	2
168	Emily Baxter	Female	02:01:33	7	3
58233	Michael Capmbell	Male	02:09:58	8	5
184	Jenny Taylor	Female	02:11:54	9	4
185	Greg Taylor	Male	02:11:54	10	6
175	Justin Simpson	Male	02:15:59	11	7
160	Auret Kernick	Male	02:16:32	12	8
171	Pat Baxter	Female	02:16:50	13	5
172	Linda Mc Keone	Female	02:16:50	14	6
153	Gino Giai - Minietti	Male	02:19:05	15	9
154	Lara Giai - Minietti	Female	02:19:05	16	7
161	Kim Roe	Female	02:19:59	17	8
161	Gill Kernick	Female	02:22:08	18	9
152	Roy Newlands	Male	02:22:33	19	10
151	Sonja Newlands	Female	02:22:33	20	10
181		Female	02:23:10	21	11
112	Debbie Haswell	Female	02:26:05	22	12
113	Dudley Le Roux	Male	02:26:05	23	11
169	Jeanette Rennie	Female	02:27:10	24	13
170	Michael Rennie	Male	02:27:10	25	12
173	Janet Caruth	Female	02:27:32	26	14
179	Kate Frost	Female	02:27:45	27	15
180	Hillary Bruss	Female	02:27:45	28	16
126	Hoppy Hopkins	Male	02:33:30	29	13
108	Dave Shewan	Male	02:34:50	30	14
110	Grant Rutherford	Male	02:34:50	31	15

176	Laura Cole	Female	02:35:13	32	17
111	Kerry Erskine	Female	02:35:34	33	18
109	Cara Rutherford	Female	02:35:34	34	19
7793	Jacqueline Slogrove	Female	02:48:35	35	20
130	Inge Shwartz	Female	03:01:30	36	21
131	Mark Pattinson	Male	03:01:30	37	16
128	Lisa Pattinson	Female	03:48:15	38	22
107	Shirley Moberly	Female	03:48:15	39	23
106	Jovita Da Silva	Female	03:53:10	40	24
105	Sue Hedden	Female	03:53:10	41	25



LYNFORD UMKO TRAILS



03 September 2016

10km Valley View Trail

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION	GENDER POSITION
202	John Gower	Male	01:05:30	1	1
134	Jason Rutherford	Male	01:20:05	2	2
166	Claire Van Rensburg	Female	01:20:09	3	1
100	Olivia Woodburn	Female	01:22:32	4	2
115	Gordon Zheung	Male	01:35:42	5	3
135	Jazmyn Bennett	Female	01:38:40	6	3
133	Kari McDonagh	Female	01:39:39	7	4
200	Clayton Bekker	Male	01:42:00	8	4
205	Kelly Gilson	Female	01:43:58	9	5
206	Calvin Gilson	Male	01:43:59	10	5
203	Tanya van Wyk	Female	01:45:33	11	6
201	Keri Gowan	Female	01:45:33	12	7
208	Monique Kyle	Female	01:45:33	13	8
204	Carla Lowe	Female	01:45:33	14	9
210	Dave Jackson	Male	01:45:38	15	6
209	Shoshanna Jackson	Female	01:45:38	16	10
207	Shaun Kyle	Male	01:45:38	17	7
139	Keith Barrett	Male	01:57:39	18	8
140	Lynette Macdonald	Female	02:01:42	19	11
114	Nosa Sikhosana	Female	02:17:58	20	12
116	Hayley Millar	Female	02:56:05	21	13
132	Bettina Martin	Female	02:56:05	22	14



LYNFORD UMKO TRAILS



04 September 2016

15km Lynford Trail

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION	GENDER POSITION
202	Skhumbuzo Dlamini	Male	01:07:01	1	1
201	Velani Sosibo	Male	01:08:44	2	2
204	Steven Erasmus	Male	01:15:11	3	3
177	Thomas Mann	Male	01:24:05	4	4
195	Andrew Van Rensburg	Male	01:30:55	5	5
207	Shaun Biggs	Male	01:32:02	6	6
203	Justus Chiya	Male	01:36:11	7	7
155	Marcel Kageler	Male	01:37:11	8	8
205	Wendy Arnott	Female	01:38:01	9	1
164	Tarryn Butler	Female	01:45:45	10	2
156	Sonja Kageler	Female	01:50:17	11	3
196	Natascha Papini	Female	01:51:51	12	4
206	Collin Van Den Bergh	Male	01:51:52	13	9
157	Eugene Martin	Male	01:52:26	14	10
178	Ryan Solomon	Male	01:52:39	15	11
198	Kerwin didericks	Male	01:52:40	16	12
167		Female	01:55:30	17	5
149	David MacDonald	Male	01:55:31	18	13
142	Barend Harmse	Male	01:57:06	19	14
143	Colleen Nicholas	Female	01:57:39	20	6
166	Clare Van Rensburg	Female	01:58:41	21	7
191	Lauwrence Avis	Male	02:01:05	22	15
199	Kerri Kee	Female	02:01:10	23	8
184	Jenny Taylor	Female	02:02:30	24	9
185	Brian Taylor	Male	02:02:32	25	16
146	Johann Von Caues	Male	02:06:43	26	17
145	Louis Engelbrecht	Male	02:06:44	27	18
147	Guy Dudley	Male	02:17:19	28	19
148	Liezel Dudley	Female	02:17:20	29	10
150	Mignon Klusener	Female	02:17:21	30	11
192	Buzz Bolton	Male	02:19:57	31	20
163	John McClelland	Male	02:19:58	32	21
104	Kim Roe	Female	02:29:59	33	12
144	Fiona Hoareau	Female	02:37:38	34	13
141	Alison Chadwick	Female	02:37:39	35	14
162	Shan McClelland	Female	02:37:40	36	15



LYNFORD UMKO TRAILS



04 September 2016

8km Lynford Trail

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION	GENDER POSITION
212	Phillip Shezi	Male	0:47:00	1	1
222	Campbell Van Rooyen	Male	0:47:02	2	2
215	Tarryn Lopez	Female	0:51:41	3	1
211	Excellent Mhize	Male	0:53:37	4	3
217	Oliver Beauclerk	Male	0:56:07	5	4
218	Rorke Anderson	Male	01:01:48	6	5
223	James Beauclerk	Male	01:03:04	7	6
216	Mike Treadway	Male	01:03:20	8	7
15	Guy Hodson	Male	01:13:00	9	8
219	Ilana Botha	Female	01:15:48	10	2
220	Daniel Saulez	Male	01:15:49	11	9
159	Fiona Kernick	Female	01:16:48	12	3
158	Alan Kernick	Male	01:16:49	13	10
213	Clayton Bekker	Male	01:20:10	14	11
151	Sonja Newlands	Female	01:24:47	15	4
152	Roy Newlands	Male	01:24:47	16	12
	Gillian Allwood Tarr	Female	01:25:49	17	5
224	Denise Carbutt	Female	01:25:49	18	6
225	Eva Nemes	Female	01:38:44	19	7
214	Yvonne Hopkinson	Female	02:06:57	20	8
126	Hoppy Hopkinson	Male	02:06:58	21	13



LYNFORD UMKO TRAILS



04 September 2016

4km Lynford Trail

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION	GENDER POSITION
40	William Beauclerk	Male	00:24:32	1	1
45	Timothy Woodburn	Male	00:25:21	2	2
29	Mathew Allwood	Male	00:26:48	3	3
35	Rachel Woodburn	Female	00:26:53	4	1
24	Lisakhanya Sikhosana	Male	00:27:04	5	4
2326	Sarah Arnott	Female	00:27:22	6	2
6	Brent Foster	Male	00:28:10	7	5
5	Blake Wade	Male	00:28:16	8	6
100	Olivia Woodburn	Female	00:28:25	9	3
31	Michael Warmington	Male	00:29:14	10	7
25	Lauren Wetherill	Female	00:29:22	11	4
23	Liam Ryland	Male	00:30:35	12	8
1	Alulutho Sikhosana	Female	00:33:04	13	5
28	Lwazi Radebe	Male	00:33:14	14	9

3	Andiswa Tenza	Female	00:33:22	15	6
50	Amahle Hadebe	Male	00:34:02	16	10
115	Zarana Safar	Female	00:34:27	17	7
13	Emma Strachan	Female	00:36:06	18	8
27	Lusanda Mjwara	Male	00:37:05	19	11
26	Lugelo Hadebe	Male	00:37:06	20	12
8	Cameron Wade	Male	00:37:07	21	13
36	Reece Cole	Male	00:37:25	22	14
10	Chloe Spencer	Female	00:37:29	23	9
160	Auret Kernick	Male	00:37:41	24	15
12	Dillon Curtin	Male	00:37:53	25	16
2328	Salathiso Zulu	Male	00:37:54	26	17
234	David Botha	Male	00:39:28	27	18
43	Hannah Kageler	Female	00:39:31	28	10
16	Hannah Silas	Female	00:39:37	29	11
44	Jared Cole	Male	00:39:42	30	19
	Neil Cole	Male	00:39:42	31	20
231	Charlene Erasmus	Female	00:40:52	32	12
239	Gabi Grinwis	Female	00:41:33	33	13
161	Hayley Millar	Female	00:41:53	34	14
42	Zama Hadebe	Female	00:41:57	35	15
238	Jenny Grinwis	Female	00:42:10	36	16
140	Lynette MacDonald	Female	00:43:25	37	17
7	Cameron Hodson	Female	00:50:23	38	18
232	Jamie- Leigh Fletcher	Female	00:50:23	39	19
2324	Lauren Heynes	Female	00:51:00	40	20
2322	Kayla Heynes	Female	00:51:02	41	21
2329	Melissa Msomi	Female	00:51:15	42	22
2330	Athandile Msomi	Female	00:51:37	43	23
51	Bandile Hadebe	Male	00:51:59	44	21
233	Bella Botha	Female	00:52:00	45	24
4	Ashley Strachan	Female	00:52:18	46	25
236	Mrs Botha	Female	00:52:22	47	26
38	Sbonga Hadebe	Female	00:53:10	48	27
2327	Nosi Sikhosana	Female	00:54:36	49	28
2	Amy Wetherill	Female	00:52:07	50	29
22	Lara Spencer	Female	00:57:29	51	30
20	Jolyon Allen	Male	00:57:11	52	22
2321	Sam Heynes	Female	01:11:54	53	31
2323	Lauren Heynes	Female	01:11:55	54	32