



# Dolphin Mile Surf Swim Series #2



22 April 2018

1.6km (1 Mile)



| RACE # | NAME                      | RACE TIME | OVERALL POSITION | AGE CATEGORY POSITION |
|--------|---------------------------|-----------|------------------|-----------------------|
| 261    | Connor Botha              | 17:10.2   | 1 M 13-30        | 1                     |
| 172    | Guy Brooks                | 17:23.3   | 2 M 13-30        | 2                     |
| 269    | Sasha Lee Nordengen       | 17:56.0   | 1 F 13-30        | 3                     |
| 290    | Connor Buck               | 17:59.1   | 3 M 13-30        | 4                     |
| 300    | Simon Taylor              | 19:02.4   | 4 M 13-30        | 5                     |
| 260    | Tatum Botha               | 19:04.4   | 2 F 13-30        | 6                     |
| 206    | Donovan Geldenhuys        | 19:20.5   | 1 M 31-40        | 7                     |
| 191    | Matthew Pelsler           | 20:02.7   | 5 M 13-30        | 8                     |
| 276    | Sarah Ferguson            | 20:10.4   | 1 F 31-40        | 9                     |
| 137    | Donovan Van Gelder        | 20:15.1   | 1 M 41-50        | 10                    |
| 157    | Mathew Goetsch            | 20:20.3   | 2 M 41-50        | 11                    |
| 218    | Darryn Purtell            | 20:22.9   | 6 M 13-30        | 12                    |
| 292    | Matthew Nordengen         | 20:27.1   | 7 M 13-30        | 13                    |
| 4      | Barbara Lavett            | 20:38.3   | 1 F 41-50        | 14                    |
| 133    | Michiel Kemper            | 20:40.9   | 1 M 51-60        | 15                    |
| 109    | Gareth Bydawell           | 20:44.2   | 3 M 41-50        | 16                    |
| 286    | Craig Thompson            | 20:48.3   | 2 M 51-60        | 17                    |
| 11     | Carina Hambloch           | 20:50.7   | 2 F 31-40        | 18                    |
| 134    | Mike Raubenheimer         | 20:57.2   | 3 M 51-60        | 19                    |
| 84     | Khabisi Njobe             | 21:07.5   | 8 M 13-30        | 20                    |
| 5      | Peter Lavett              | 21:11.6   | 4 M 51-60        | 21                    |
| 1      | Trevor Du Plessis         | 21:13.4   | 4 M 41-50        | 22                    |
| 66     | Mitch Emanuel             | 21:27.2   | 9 M 13-30        | 23                    |
| 266    | Sandile Shange            | 21:36.2   | 2 M 31-40        | 24                    |
| 107    | Jonathan Hoarau           | 21:43.4   | 1 M 10-12        | 25                    |
| 20     | Luke Achmad               | 21:45.6   | 10 M 13-30       | 26                    |
| 28     | Garry Truyens             | 21:57.0   | 3 M 31-40        | 27                    |
| 39     | Stefan Van Der Westhuizen | 21:59.4   | 5 M 41-50        | 28                    |
| 268    | Mark Taylor               | 22:03.1   | 5 M 51-60        | 29                    |
| 274    | Russell Upneck            | 22:09.0   | 1 M 61-70        | 30                    |
| 302    | John MacArtan             | 22:25.5   | 6 M 41-50        | 31                    |
| 270    | Tannah Smith              | 22:30.6   | 3 F 13-30        | 32                    |
| 3      | Alan Gibb                 | 22:32.7   | 6 M 51-60        | 33                    |
| 307    | Shayne Chipps             | 22:36.7   | 7 M 41-50        | 34                    |
| 143    | S'Annara Grove            | 22:43.1   | 4 F 13-30        | 35                    |
| 169    | Ian Vynne                 | 22:45.8   | 8 M 41-50        | 36                    |
| 125    | Keren Wessels             | 22:48.3   | 5 F 13-30        | 37                    |
| 227    | Byron Morrison            | 22:51.0   | 11 M 13-30       | 38                    |
| 152    | Greg Labuscagne           | 23:03.5   | 9 M 41-50        | 39                    |
| 2      | Paul Judkins              | 23:11.2   | 7 M 51-60        | 40                    |
| 41     | Gary Bowler               | 23:36.1   | 8 M 51-60        | 41                    |
| 112    | Michele Hartslief         | 23:37.8   | 9 M 51-60        | 42                    |
| 97     | Willie Viljoen            | 23:43.4   | 10 M 41-50       | 43                    |
| 158    | Christiaan Du Plessis     | 23:46.1   | 4 M 31-40        | 44                    |
| 44     | Shreya Govender           | 23:54.2   | 6 F 13-30        | 45                    |
| 89     | Slindokuhle Mabanga       | 23:56.5   | 12 M 13-30       | 46                    |

|     |                      |         |            |     |
|-----|----------------------|---------|------------|-----|
| 22  | Byron Bahnemann      | 23:57.5 | 13 M 13-30 | 47  |
| 139 | Brent Newman         | 23:59.9 | 10 M 51-60 | 48  |
| 135 | Madison Alberts      | 24:02.1 | 1 F 10-12  | 49  |
| 30  | Aritha Du Bruyn      | 24:06.7 | 2 F 41-50  | 50  |
| 146 | Alastair Giles       | 24:13.3 | 11 M 41-50 | 51  |
| 141 | Brian Taylor         | 24:14.3 | 11 M 51-60 | 52  |
| 250 | Saskia Hockly        | 24:16.7 | 7 F 13-30  | 53  |
| 238 | Shane Misdorp        | 24:19.5 | 12 M 41-50 | 54  |
| 92  | Kaitlynn Christie    | 24:23.3 | 8 F 13-30  | 55  |
| 253 | Ralf Schambacher     | 24:25.9 | 12 M 51-60 | 56  |
| 27  | Brett Ireland        | 24:27.9 | 5 M 31-40  | 57  |
| 190 | Bryan Barker         | 24:29.9 | 13 M 41-50 | 58  |
| 267 | Paul Watson          | 24:31.6 | 6 M 31-40  | 59  |
| 37  | Trevin Reddhi        | 24:35.0 | 14 M 13-30 | 60  |
| 45  | Dhilan Govender      | 24:38.6 | 2 M 10-12  | 61  |
| 140 | Chris Cleater        | 24:40.6 | 13 M 51-60 | 62  |
| 67  | Shawn O'Neill        | 24:42.4 | 14 M 51-60 | 63  |
| 111 | Lauren Day           | 24:43.8 | 3 F 31-40  | 64  |
| 184 | Drew Wilson          | 24:46.7 | 7 M 31-40  | 65  |
| 16  | Sivash Govender      | 24:49.8 | 3 M 10-12  | 66  |
| 36  | Janine Serrurier     | 24:50.5 | 1 F 51-60  | 67  |
| 205 | Lauren Lowry         | 24:54.0 | 3 F 41-50  | 68  |
| 63  | Tony Bath            | 24:54.9 | 14 M 41-50 | 69  |
| 147 | James Neville        | 24:57.3 | 15 M 51-60 | 70  |
| 117 | Ethan Pretorius      | 25:02.3 | 4 M 10-12  | 71  |
| 224 | Erin Swales          | 25:03.3 | 9 F 13-30  | 72  |
| 203 | Rocco Trollip        | 25:04.3 | 16 M 51-60 | 73  |
| 279 | Shayne Richard       | 25:06.3 | 15 M 41-50 | 74  |
| 61  | Tasnim Nabbie        | 25:13.8 | 2 F 10-12  | 75  |
| 56  | Jimmy Hughes         | 25:21.1 | 1 M 71-99  | 76  |
| 48  | Alexandra Torberg    | 25:25.2 | 4 F 41-50  | 77  |
| 181 | Westley Spring       | 25:41.2 | 8 M 31-40  | 78  |
| 10  | Roy Thomson          | 25:47.0 | 17 M 51-60 | 79  |
| 54  | Jose De Charmoy      | 25:49.2 | 2 M 61-70  | 80  |
| 166 | Amelia Wijne         | 25:50.8 | 4 F 31-40  | 81  |
| 225 | Darren Swales        | 25:55.7 | 16 M 41-50 | 82  |
| 277 | Winston Puttock      | 26:00.6 | 18 M 51-60 | 83  |
| 280 | Shawn Lewis          | 26:05.9 | 17 M 41-50 | 84  |
| 236 | Kavanika Jungbahadur | 26:08.4 | 10 F 13-30 | 85  |
| 247 | Mikhela Veenstra     | 26:09.9 | 11 F 13-30 | 86  |
| 202 | Gerhard Van Rooijen  | 26:13.2 | 3 M 61-70  | 87  |
| 110 | Bailey Chatterton    | 26:15.6 | 12 F 13-30 | 88  |
| 221 | Michelle Scott       | 26:17.9 | 5 F 31-40  | 89  |
| 151 | Steven Robins        | 26:22.8 | 9 M 31-40  | 90  |
| 142 | Marek Jansen         | 26:25.5 | 10 M 31-40 | 91  |
| 70  | Grant Webber         | 26:31.3 | 19 M 51-60 | 92  |
| 58  | Armand De Koker      | 26:32.1 | 15 M 13-30 | 93  |
| 194 | Francois Verwey      | 26:35.1 | 11 M 31-40 | 94  |
| 259 | Surisha Murugan      | 26:36.2 | 13 F 13-30 | 95  |
| 65  | Michael Emanuel      | 26:37.2 | 20 M 51-60 | 96  |
| 17  | Kaylan Govender      | 26:54.4 | 5 M 10-12  | 97  |
| 138 | Dustin Ambrose       | 27:06.9 | 18 M 41-50 | 98  |
| 252 | Jonathan Hollinshead | 27:08.6 | 19 M 41-50 | 99  |
| 235 | Murray Craig Clark   | 27:10.7 | 20 M 41-50 | 100 |

|     |                           |         |            |     |
|-----|---------------------------|---------|------------|-----|
| 199 | Amy Van De Putte          | 27:13.2 | 14 F 13-30 | 101 |
| 122 | Dirk Taljaard             | 27:15.0 | 12 M 31-40 | 102 |
| 106 | Jonathan Davies           | 27:18.0 | 16 M 13-30 | 103 |
| 29  | David Tennick             | 27:20.1 | 21 M 41-50 | 104 |
| 201 | Jamie-Lee Dormehl         | 27:22.0 | 15 F 13-30 | 105 |
| 229 | Stefano Giuricich         | 27:24.2 | 22 M 41-50 | 106 |
| 124 | Ian Wessels               | 27:26.1 | 23 M 41-50 | 107 |
| 226 | Sarah Cresswell-George    | 27:29.1 | 16 F 13-30 | 108 |
| 180 | Lande Williamson          | 27:30.9 | 13 M 31-40 | 109 |
| 278 | Glenys Winter             | 27:32.5 | 2 F 51-60  | 110 |
| 119 | Shannon Robertson         | 27:36.1 | 21 M 51-60 | 111 |
| 242 | Claire Lindsay            | 27:38.4 | 6 F 31-40  | 112 |
| 284 | Jacques Vermeulen         | 27:53.0 | 24 M 41-50 | 113 |
| 301 | Loraine Hicks             | 27:57.0 | 5 F 41-50  | 114 |
| 6   | Peta Harrison             | 28:00.2 | 3 F 51-60  | 115 |
| 161 | Mark Horner               | 28:04.1 | 14 M 31-40 | 116 |
| 230 | Taryn McCormick           | 28:07.1 | 7 F 31-40  | 117 |
| 283 | Elliot Vermeulen          | 28:10.9 | 6 M 10-12  | 118 |
| 7   | Geoff Harrison            | 28:12.0 | 4 M 61-70  | 119 |
| 249 | Valma Jean Hockly         | 28:13.9 | 3 F 10-12  | 120 |
| 72  | Kauthar Mahomed           | 28:16.4 | 17 F 13-30 | 121 |
| 38  | Linda Ness                | 28:19.9 | 4 F 51-60  | 122 |
| 25  | Carmel Naidoo             | 28:21.8 | 18 F 13-30 | 123 |
| 215 | Erin Botsis               | 28:23.7 | 8 F 31-40  | 124 |
| 26  | Jenny Ireland             | 28:25.1 | 1 F 61-70  | 125 |
| 196 | David Breytenbach         | 28:27.0 | 25 M 41-50 | 126 |
| 257 | Chris Sparkes             | 28:29.1 | 17 M 13-30 | 127 |
| 255 | Zastra Conway-Nunn        | 28:32.9 | 6 F 41-50  | 128 |
| 256 | Alvy Murray               | 28:34.2 | 22 M 51-60 | 129 |
| 163 | Howard Bebington          | 28:36.4 | 23 M 51-60 | 130 |
| 120 | Karen Seals               | 28:40.6 | 5 F 51-60  | 131 |
| 228 | John Slade                | 28:44.0 | 26 M 41-50 | 132 |
| 132 | Beverley Shuttleworth     | 28:46.0 | 2 F 61-70  | 133 |
| 50  | Ian Van Rooyen            | 28:51.5 | 27 M 41-50 | 134 |
| 273 | Kate Reuning              | 28:54.1 | 9 F 31-40  | 135 |
| 34  | Jody Alder                | 28:55.8 | 10 F 31-40 | 136 |
| 217 | Jernelle Uys              | 28:58.2 | 19 F 13-30 | 137 |
| 23  | Tracy McKay               | 29:04.3 | 7 F 41-50  | 138 |
| 24  | Gary Kemp                 | 29:06.7 | 15 M 31-40 | 139 |
| 294 | Kaitlyn Mungaroo          | 29:09.4 | 4 F 10-12  | 140 |
| 130 | Thomas Edwards            | 29:10.5 | 5 M 61-70  | 141 |
| 271 | Linda Phipson             | 29:19.6 | 6 F 51-60  | 142 |
| 52  | Jason Bellairs            | 29:22.8 | 7 M 10-12  | 143 |
| 275 | Bevin Calvert             | 29:27.3 | 2 M 71-99  | 144 |
| 113 | Kieran Janse Van Rensburg | 29:36.9 | 8 M 10-12  | 145 |
| 287 | Jan Myburgh               | 29:41.5 | 24 M 51-60 | 146 |
| 114 | Hilton Janse Van Rensburg | 29:45.5 | 28 M 41-50 | 147 |
| 251 | Kelly Kidgell             | 29:48.1 | 11 F 31-40 | 148 |
| 40  | Sara Havemann             | 29:52.6 | 3 F 61-70  | 149 |
| 232 | Lauren Glossop            | 29:56.8 | 12 F 31-40 | 150 |
| 116 | Jarod Pretorius           | 30:00.4 | 18 M 13-30 | 151 |
| 165 | Joani Mitchell            | 30:05.5 | 7 F 51-60  | 152 |
| 254 | Monique Boshoff           | 30:09.5 | 20 F 13-30 | 153 |
| 239 | Eugene Swanepoel          | 30:10.7 | 19 M 13-30 | 154 |

|     |                         |         |            |     |
|-----|-------------------------|---------|------------|-----|
| 15  | Kim Parkes              | 30:12.2 | 25 M 51-60 | 155 |
| 193 | Stefne Verwey           | 30:14.0 | 13 F 31-40 | 156 |
| 32  | Cornelius Schenck       | 30:18.5 | 16 M 31-40 | 157 |
| 102 | Ivan O'Sullivan         | 30:19.5 | 6 M 61-70  | 158 |
| 200 | Jan Van De putte        | 30:22.2 | 29 M 41-50 | 159 |
| 179 | Michelle Cogle          | 30:27.6 | 14 F 31-40 | 160 |
| 154 | Les Hadenham            | 30:30.7 | 3 M 71-99  | 161 |
| 305 | Sue Keal                | 30:35.5 | 8 F 51-60  | 162 |
| 216 | Loryn Holmes            | 30:48.0 | 15 F 31-40 | 163 |
| 13  | Charles Phillips        | 30:49.2 | 26 M 51-60 | 164 |
| 246 | Lisa Jane Fowler        | 30:50.8 | 16 F 31-40 | 165 |
| 174 | Ted Foster              | 30:55.5 | 27 M 51-60 | 166 |
| 189 | Roger Fitzsimons        | 31:00.5 | 30 M 41-50 | 167 |
| 85  | Simo Maphosa            | 31:08.8 | 20 M 13-30 | 168 |
| 204 | Frikkie Grobler         | 31:10.8 | 21 M 13-30 | 169 |
| 144 | Shenaaz Kazl            | 31:12.4 | 8 F 41-50  | 170 |
| 64  | Heather Makepeace       | 31:14.2 | 17 F 31-40 | 171 |
| 244 | Kem Slade               | 31:16.4 | 31 M 41-50 | 172 |
| 47  | Leigh Hockly            | 31:22.4 | 9 F 41-50  | 173 |
| 53  | Marc Ward               | 31:24.8 | 28 M 51-60 | 174 |
| 149 | Pauline Bowman Edgar    | 31:27.1 | 4 F 61-70  | 175 |
| 303 | Mark Baines             | 31:31.1 | 29 M 51-60 | 176 |
| 173 | Lesley Seach            | 31:35.4 | 10 F 41-50 | 177 |
| 233 | Wayne Vock              | 31:47.2 | 17 M 31-40 | 178 |
| 176 | Matt Young              | 31:50.8 | 32 M 41-50 | 179 |
| 214 | Siva Padayachee         | 31:54.7 | 7 M 61-70  | 180 |
| 118 | Lynette Pretorius       | 31:58.5 | 11 F 41-50 | 181 |
| 258 | Jane Stott              | 32:02.5 | 18 F 31-40 | 182 |
| 136 | Ivan Krishna            | 32:08.9 | 33 M 41-50 | 183 |
| 182 | Kayla Engelbrecht       | 32:17.5 | 21 F 13-30 | 184 |
| 145 | Edward Davis            | 32:19.2 | 22 M 13-30 | 185 |
| 167 | Arjun Ramkaran          | 32:25.7 | 9 M 10-12  | 186 |
| 18  | Christopher Douglas     | 32:27.7 | 34 M 41-50 | 187 |
| 187 | Liesl Vause             | 32:29.6 | 12 F 41-50 | 188 |
| 234 | John Love               | 32:31.8 | 8 M 61-70  | 189 |
| 93  | Martin Gous             | 32:34.0 | 23 M 13-30 | 190 |
| 288 | Jaco Smith              | 32:37.2 | 18 M 31-40 | 191 |
| 121 | Arya Shukla             | 32:49.4 | 5 F 10-12  | 192 |
| 148 | Elizabeth Burczak       | 32:53.7 | 9 F 51-60  | 193 |
| 150 | Catherine Bassage       | 32:58.0 | 10 F 51-60 | 194 |
| 35  | Alan Serrurier          | 33:18.4 | 30 M 51-60 | 195 |
| 69  | Wayne Burwood           | 33:20.9 | 35 M 41-50 | 196 |
| 178 | Herve Allen             | 33:22.0 | 31 M 51-60 | 197 |
| 153 | Dean Leathern           | 33:23.2 | 32 M 51-60 | 198 |
| 183 | Margie Foord            | 33:27.0 | 11 F 51-60 | 199 |
| 160 | Jackie De Billot        | 33:30.0 | 19 F 31-40 | 200 |
| 12  | Alistair Van Der Avoort | 33:32.8 | 9 M 61-70  | 201 |
| 103 | Alan Ashe               | 33:37.8 | 10 M 61-70 | 202 |
| 46  | Petrus May              | 33:43.2 | 11 M 61-70 | 203 |
| 31  | Shan Thomson            | 33:47.8 | 13 F 41-50 | 204 |
| 105 | Linda Turner            | 34:00.3 | 14 F 41-50 | 205 |
| 68  | Jessica Burwood         | 34:02.4 | 6 F 10-12  | 206 |
| 129 | Boenie Bees             | 34:06.9 | 12 F 51-60 | 207 |
| 49  | Liza Van Rooyen         | 34:18.7 | 15 F 41-50 | 208 |

|     |                        |         |            |     |
|-----|------------------------|---------|------------|-----|
| 60  | Keith Hales            | 34:19.8 | 12 M 61-70 | 209 |
| 100 | Nicola Brown           | 34:24.5 | 16 F 41-50 | 210 |
| 33  | Dawn Rode              | 34:35.6 | 13 F 51-60 | 211 |
| 80  | Johara Sheik           | 34:44.7 | 7 F 10-12  | 212 |
| 170 | Gavin Hough            | 34:51.0 | 33 M 51-60 | 213 |
| 164 | Vladimir Lynov         | 34:55.6 | 13 M 61-70 | 214 |
| 79  | Jafar Sheik            | 35:00.5 | 24 M 13-30 | 215 |
| 73  | Ruqaiyah Mahomed       | 35:11.9 | 8 F 10-12  | 216 |
| 192 | Kennith Outram         | 35:13.8 | 10 M 10-12 | 217 |
| 248 | Antje Hockly           | 35:16.2 | 17 F 41-50 | 218 |
| 77  | Muhammad Lorgat        | 35:26.2 | 11 M 10-12 | 219 |
| 99  | Shivaun Earle          | 35:41.8 | 14 F 51-60 | 220 |
| 291 | Samantha Hewitson      | 35:43.4 | 20 F 31-40 | 221 |
| 289 | Michael Burton         | 36:23.1 | 4 M 71-99  | 222 |
| 198 | Rae Ann Hulley         | 36:39.0 | 18 F 41-50 | 223 |
| 76  | Zahra Lorgat           | 36:50.9 | 22 F 13-30 | 224 |
| 211 | Stephanie Lopes        | 37:12.9 | 23 F 13-30 | 225 |
| 168 | Abri Kritzinger        | 37:18.1 | 19 M 31-40 | 226 |
| 272 | Karen Eslick           | 37:30.9 | 15 F 51-60 | 227 |
| 83  | Sanele Zwane           | 37:41.3 | 25 M 13-30 | 228 |
| 156 | Juergen Etschmaier     | 38:03.1 | 34 M 51-60 | 229 |
| 304 | Muhammed Zaki Shaik    | 38:23.8 | 20 M 31-40 | 230 |
| 262 | Michelle Stent-Wardell | 38:56.4 | 21 F 31-40 | 231 |
| 78  | Bilal Lorgat           | 39:11.2 | 26 M 13-30 | 232 |
| 55  | Diane Hughes           | 39:12.0 | 1 F 71-99  | 233 |
| 87  | Monique Edwards        | 39:24.3 | 24 F 13-30 | 234 |
| 155 | Desiree Tuck           | 39:46.9 | 5 F 61-70  | 235 |
| 115 | Dale Johnson           | 39:53.6 | 36 M 41-50 | 236 |
| 188 | Bruce Stott            | 39:57.6 | 37 M 41-50 | 237 |
| 62  | Zoe Slade              | 40:00.1 | 2 F 71-99  | 238 |
| 131 | Gary Price             | 40:14.9 | 35 M 51-60 | 239 |
| 82  | Ayabulela Quint Mkhize | 40:22.2 | 27 M 13-30 | 240 |
| 19  | Dianne Franklin        | 40:28.8 | 16 F 51-60 | 241 |
| 43  | Fiona Miller           | 40:51.5 | 19 F 41-50 | 242 |
| 175 | James Brown            | 42:10.5 | 14 M 61-70 | 243 |
| 88  | Nicolette Mahlanga     | 46:22.3 | 25 F 13-30 | 244 |

|  <span style="font-size: 2em; font-weight: bold;">Dolphin Mile Surf Swim Series #2</span>  |                 |           |                  |                       |
|--|-----------------|-----------|------------------|-----------------------|
| 22 April 2018  |                 |           |                  |                       |
| 800m   |                 |           |                  |                       |
| RACE #   | NAME            | RACE TIME | OVERALL POSITION | AGE CATEGORY POSITION |
| 240  | Arno Gauche     | 13:57.2   | 1 M 13-30        | 1                     |
| 237  | Travis Misdorp  | 14:15.1   | 2 M 13-30        | 2                     |
| 195  | Matt Howard     | 14:46.6   | 3 M 13-30        | 3                     |
| 281  | Jordan Deeble   | 16:09.8   | 4 M 13-30        | 4                     |
| 243  | Larne Davis     | 17:20.8   | 1 M 31-40        | 5                     |
| 282  | Dayna Deeble    | 17:26.2   | 1 F 10-12        | 6                     |
| 171  | Venice Omote    | 17:30.4   | 2 F 10-12        | 7                     |
| 213  | Lee Pennefather | 17:49.4   | 1 F 41-50        | 8                     |
| 95   | Darren Ferrar   | 17:53.1   | 5 M 13-30        | 9                     |

|     |                     |         |           |    |
|-----|---------------------|---------|-----------|----|
| 245 | Mikaila Brown       | 18:02.5 | 3 F 10-12 | 10 |
| 162 | Electra Barbas      | 18:05.6 | 1 F 13-30 | 11 |
| 293 | Colin Colegrove     | 18:35.3 | 1 M 41-50 | 12 |
| 306 | Zee Mkhize          | 18:43.7 | 1 F 31-40 | 13 |
| 128 | Cindy Saunders      | 19:26.4 | 2 F 13-30 | 14 |
| 197 | Warwick Hayes       | 19:50.6 | 2 M 31-40 | 15 |
| 285 | Aemey Van Dijn      | 19:56.2 | 3 F 13-30 | 16 |
| 212 | Eileen Combes       | 20:35.9 | 2 F 41-50 | 17 |
| 159 | Martin Coates       | 20:52.5 | 3 M 31-40 | 18 |
| 241 | Kieran Gillespie    | 20:55.3 | 4 M 31-40 | 19 |
| 263 | Thierry Bassett     | 21:19.3 | 6 M 13-30 | 20 |
| 231 | Oliver Bernhard     | 21:34.5 | 2 M 41-50 | 21 |
| 264 | Josie Hollston      | 22:12.5 | 4 F 10-12 | 22 |
| 265 | Sarah Houston       | 22:16.2 | 3 F 41-50 | 23 |
| 177 | Taetym Hockly       | 22:57.5 | 4 F 13-30 | 24 |
| 94  | Sonja Ferrar        | 23:28.4 | 4 F 41-50 | 25 |
| 96  | Tanzin Ferrar       | 23:29.6 | 5 F 13-30 | 26 |
| 220 | Heather Vose        | 23:31.3 | 5 F 41-50 | 27 |
| 209 | Grace Edgar         | 23:33.6 | 6 F 13-30 | 28 |
| 186 | Jan-Louw Hamman     | 23:40.0 | 5 M 31-40 | 29 |
| 185 | Stephanie Hamman    | 23:41.4 | 2 F 31-40 | 30 |
| 208 | Mizu Edgar          | 25:07.6 | 5 F 10-12 | 31 |
| 207 | Charlotte Pettifree | 25:08.8 | 6 F 41-50 | 32 |
| 219 | Mary-Clare Sardinha | 25:28.8 | 7 F 13-30 | 33 |
| 210 | Angus Dustan        | 26:27.6 | 3 M 41-50 | 34 |
| 74  | Zahraa Ramjan       | 26:41.0 | 6 F 10-12 | 35 |
| 71  | Saleem Mahomed      | 26:42.7 | 4 M 41-50 | 36 |
| 222 | Brian Church        | 26:44.9 | 6 M 31-40 | 37 |
| 223 | Jackie Hean         | 28:49.2 | 7 F 41-50 | 38 |