



# Lynford Umko Trail



08-09 September 2018

## 10km Valley View Trail (Sat)

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION
419	Karel Myburgh	Male	00:59:43	1
410	Olivia Woodburn	Female	01:01:29	1
408	Emily Rose Stapylton-Smith	Female	01:03:57	2
411	Frances Stapylton-Smith	Female	01:03:57	3
338	Charles Robinson	Male	01:06:55	2
422	Jade Moulton	Female	01:20:27	4
418	Saskia Bolt	Female	01:26:47	5
406	Anthony Zambelly	Male	01:31:55	3
339	Kim Robinson	Female	01:40:48	6
404	Genevieve Pagel	Female	01:40:50	7
403	Charmaine Pagel	Female	01:41:23	8
423	Michaela White	Female	01:41:25	9
415	Mandy Haw	Female	01:47:40	10
407	Shirley Moberly	Female	01:47:42	11
412	Jennifer Stapylton-Smith	Female	01:47:43	12
383	Patrick Connolly	Male	01:55:58	4
382	Erroll de Wet	Male	01:55:59	5
409	Graham Watts	Male	02:27:12	6
401	Allison Mac Donald	Female	DNF	
413	Belinda Stange	Female	DNS	
319	Wendy van Ryneveld	Female	DNS	
324	Lindy Landman	Female	DNS	
402	Rob Stapylton-Smith	Male	DNS	
416	Dave Moberly	Male	DNS	



# Lynford Umko Trail



08-09 September 2018

## 18km Umko Trail Descent (Sat)

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION
115	Sihle Ngcobo	Male	01:29:30	1
149	Mike Tredway	Male	01:56:13	2
143	Candice Parker-Dennison	Female	01:58:52	1
108	Joshua Squires	Male	02:06:35	3
150	Kerryn Pooler	Female	02:12:40	2
188	Carl Moller	Male	02:16:30	4
134	Kate Frost	Female	02:18:03	3
159	Keri Strachan	Female	02:24:18	4
129	Andrew Wormald	Male	02:25:40	5
120	Sarah Smythe	Female	02:28:59	5
139	Karen Heath	Female	02:29:00	6
160	Chloe Clegg	Female	02:37:42	7
174	Carla Manion	Female	02:38:58	8
231	Kim Roe	Female	02:38:58	9

135	Samantha Potgieter	Female	02:49:46	10
107	Vanessa Stott	Female	02:50:53	11
111	Herveline Tindall	Female	02:50:53	12
321	Pascale Hoareau	Male	03:09:18	6
311	Diane Hofer	Female	03:09:40	13
109	Adrian Maritz	Male	03:38:07	7
125	Peter Parker-Dennison	Male	03:38:17	8
101	Carlie Parker-Dennison	Female	03:38:30	14
121	Teegan Parker-Dennison	Female	03:38:30	15
137	Wesley Parker-Dennison	Male	03:38:30	9
198	Theresa Campkin	Female	03:42:18	16
189	Meryl Simpson	Female	03:44:20	17
136	Matthew Watts	Male	03:45:14	10
161	Gwenda Watts	Female	03:45:15	18
151	Yvonne Hopkinson	Female	04:54:00	19
122	Hoppy Hopkinson	Male	04:54:00	11
133	Pamela Corlett	Female	DNS	20
130	Bryan Roestof	Male	DNS	12
131	Martin Roestof	Male	DNS	13
152	Spurgeon Flemington	Male	DNS	14

 <h2 style="text-align: center;">Lynford Umko Trail</h2> 				
<i>08-09 September 2018</i>				
<i>30km Umko Trail Descent (Sat)</i>				
<b>RACE #</b>	<b>NAME</b>	<b>GENDER</b>	<b>RACE TIME</b>	<b>OVERALL POSITION</b>
206	Vinny Laycock	Male	02:36:25	1
217	Merrick Kennedy	Male	02:59:10	2
232	Brendon Robertson	Male	03:10:01	3
209	Caroline Clover	Female	03:29:06	1
230	Odette Johnson	Female	03:38:01	2
220	Pum (Dale) Shewan	Female	03:38:02	3
235	Catherine Robertson	Female	03:44:20	4
229	Karyn Sills	Female	03:47:10	5
224	Angela Bunge	Female	03:51:14	6
234	Megan Rowbotham	Female	03:51:20	7
222	Nicky Irvine	Female	03:51:50	9
128	Jen Horsten	Female	04:00:47	10
208	Martina Longmore	Female	04:20:54	11
242	Ang Segal	Female	04:22:47	12
215	Juanita Ugljanin	Female	04:35:01	13
216	Byron Ugljanin	Male	04:35:53	4
223	Ging Mackenzie	Male	04:39:47	5
234 / 243	Linda Mckeone	Female	DNS	18
237	Norman Paul Simpson	Male	DNS	6
202	Greg Carter-Brown	Male	DNS	7
210	Keith Clover	Male	DNS	8
225	Chris Stange	Male	DNS	9



# Lynford Umko Trail



08-09 September 2018

4km Lynford Trail (Sun)

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION
508	Tim Woodburn	Male	00:22:50	21
509	Brent Foster	Male	00:28:19	14
504	Thandi Ndlovu Ndlovu	Female	00:30:10	1
507	Jodie Allwood Allwood	Female	00:34:54	2
501	Christie Wolhuter	Female	00:38:58	3
505	Laura Wolhuter	Female	00:39:04	4
506	Zama	Female	00:44:44	5
502	Zelda Venter	Female		6
503	Anje Venter Venter	Female		7
510	Georgia Foster	Female		8



# Lynford Umko Trail



08-09 September 2018

8km Lynford Trail (Sun)

RACE #	NAME	GENDER	RACE TIME	OVERALL POSITION
115	Sihle Ngcobo	Male	00:45:46	1
155	Olivia Woodburn	Female	00:58:30	1
102	Xolani Mjanyewa	Male	00:58:32	2
144	David Botha	Male	01:01:01	3
118	Claudia Lepera	Female	01:01:27	2
147	Henry Mjanyewa	Male	01:01:40	4
148	Mike Woodburn	Male	01:03:34	5
103	Sivivande Pillay	Male	01:03	6
158	Huntley Earle	Male		7
177	Buhlebahke Mjanyewa	Male		8
145	Wetherill Lauren	Female	01:03:40	3
165	Melody Fitch	Female	01:46:27	4
119	Donna Henderson	Female		5
126	Shirley Hiedtmann	Female	01:19:00	6
191	Rowan Hampson	Male	01:19:14	9
132	Karen Welgemoed	Female		7
141	Kim Roe	Female		8
146	Barbara de Kock	Female		9
174	Carla Manion	Female		10
184	Chantel Bromwich	Female		11
311	Diane Hofer	Female		12
319	Wendy van Ryneveld	Female		13
324	Lindy Landman	Female		14
127	Andiswa Tenza	Female	01:21:53	19
305	Craig Tibshraeny	Male	01:58:03	10
321	Pascale Hoareau	Male		11
338	Charles Robinson	Male		12
325	Cheryl Chislett	Female	01:59:50	15

382	Erroll de Wet	Male		13
383	Patrick Connolly	Male		14
331	Candy Sclanders	Female		16
339	Kim Robinson	Female	02:01:01	17
384	Fiona Hoareau	Female		18
172	Trish Botha	Female	DNS	

 <h1 style="text-align: center;">Lynford Umko Trail</h1> 				
<i>08-09 September 2018</i>				
<i>15km Lynford Trail (Sun)</i>				
<b>RACE #</b>	<b>NAME</b>	<b>GENDER</b>	<b>RACE TIME</b>	<b>OVERALL POSITION</b>
440	Shanna Wood	Female	01:54:33	1
412	Dion Beneke	Male	01:55:32	1
433	Andrea Battaglia	Female	01:56:40	2
439	Dominique Baker	Female	01:59:46	3
360	Michelle Kerr	Female		4
333	Philippa Hensman	Female		5
434	Merrick Kennedy	Male	DNS	2
437	Martin Roestof	Male	DNS	3
438	Bryan Roestof	Male	DNS	4
435	Barbara de Kock	Female	DNS	
436	Pamela Corlett	Female	DNS	