



KZN Provincial Championships Individual Time Trial



26 January 2019

38km Time Trial

| RACE # | NAME | GENDER | AGE CATEGORY | LAP 1 | LAP 2 | LAP 3 | LAP 4 | TOTAL TIME | OVERALL POSITION | AGE CATEGORY POSITION |
|--------|----------------------|--------|-----------------|----------|----------|----------|----------|------------|------------------|-----------------------|
| 437 | Deno VAN HEERDEN | Male | Vet Men (35-39) | 00:14:19 | 00:14:26 | 00:14:36 | 00:16:18 | 00:59:40 | 1 | 1 |
| 457 | Wessel SWANEPOEL | Male | U23 Men | 00:14:56 | 00:14:50 | 00:15:06 | 00:15:04 | 00:59:58 | 2 | 1 |
| 458 | Cian LEVERIDGE | Male | U23 Men | 00:14:57 | 00:15:12 | 00:15:19 | 00:15:11 | 01:00:41 | 3 | 2 |
| 453 | Aidan PELLOW-JARMAN | Male | U23 Men | 00:15:43 | 00:15:23 | 00:15:19 | 00:15:16 | 01:01:42 | 4 | 3 |
| 456 | Bevan REDDY | Male | U23 Men | 00:15:43 | 00:15:29 | 00:15:54 | 00:15:37 | 01:02:44 | 5 | 4 |
| 516 | Tiffany KEEP | Female | U23 Women | 00:15:53 | 00:15:46 | 00:15:56 | 00:15:54 | 01:03:30 | 6 | 1 |
| 455 | Ernest FRANZSEN | Male | U23 Men | 00:16:26 | 00:15:53 | 00:16:22 | 00:16:44 | 01:05:28 | 7 | 5 |
| 434 | Clayton BLACKLER | Male | Vet Men (35-39) | 00:15:57 | 00:15:56 | 00:17:53 | 00:16:26 | 01:06:13 | 8 | 2 |
| 425 | Marc ADAM | Male | Vet Men (45-49) | 00:15:28 | 00:15:24 | 00:31:09 | 00:04:13 | 01:06:15 | 9 | 1 |
| 427 | Cornel VAN DE VENTER | Male | Vet Men (40-44) | 00:16:25 | 00:16:53 | 00:16:51 | 00:16:57 | 01:07:09 | 10 | 1 |
| 424 | David SWART | Male | Vet Men (45-49) | 00:16:39 | 00:16:59 | 00:17:25 | 00:17:10 | 01:08:14 | 11 | 2 |
| 454 | Rivers BRAADVEDT | Male | Elite Men | 00:17:44 | 00:16:37 | 00:16:57 | 00:17:01 | 01:08:20 | 12 | 1 |
| 426 | Sean Wade LUCIEN | Male | Vet Men (40-44) | 00:16:44 | 00:16:57 | 00:17:18 | 00:18:11 | 01:09:12 | 13 | 2 |
| 451 | Syanda GUMEDE | Male | U23 Men | 00:16:44 | 00:17:27 | 00:17:05 | 00:17:56 | 01:09:14 | 14 | 6 |
| 422 | Elton DORKIN | Male | Vet Men (45-49) | 00:17:00 | 00:17:17 | 00:17:43 | 00:17:26 | 01:09:27 | 15 | 3 |
| 515 | Christie HEARDER | Female | U23 Women | 00:17:16 | 00:17:44 | 00:17:22 | 00:17:34 | 01:09:57 | 16 | 2 |
| 432 | Ibrahim SHARIF | Male | Vet Men (30-35) | 00:18:18 | 00:18:09 | 00:18:08 | 00:18:15 | 01:12:52 | 17 | 1 |
| 429 | Shamandla NGUBANE | Male | Vet Men (35-39) | 00:17:58 | 00:18:09 | 00:20:13 | 00:18:02 | 01:14:23 | 18 | 3 |
| 428 | Michael DLADLA | Male | Vet Men (35-39) | 00:18:34 | 00:18:46 | 00:19:20 | 00:19:39 | 01:16:20 | 19 | 4 |
| 436 | Marlyn PITOUT | Male | Vet Men (35-39) | 00:15:04 | 00:15:23 | 00:15:30 | 00:34:40 | 01:20:38 | 20 | 5 |



KZN Provincial Championships Individual Time Trial



26 January 2019

28km Time Trial

| RACE # | NAME | GENDER | AGE CATEGORY | LAP 1 | LAP 2 | LAP 3 | LAP 4 | TOTAL TIME | OVERALL POSITION | AGE CATEGORY POSITION |
|--------|----------------------|--------|-------------------|----------|----------|----------|-------|------------|------------------|-----------------------|
| 450 | Travis STEDMAN | Male | U19 Men | 00:14:01 | 00:14:15 | 00:14:28 | | 00:42:45 | 1 | 1 |
| 416 | Gwyn PINE | Male | Vet Men (55-59) | | | 00:44:17 | | 00:44:17 | 2 | 1 |
| 449 | Brent YELLAND | Male | U19 Men | 00:15:36 | 00:15:43 | 00:15:35 | | 00:46:55 | 3 | 2 |
| 420 | Wayne TARR | Male | Vet Men (50-54) | 00:15:33 | 00:15:46 | 00:15:38 | | 00:46:57 | 4 | 1 |
| 415 | Shane DANIEL | Male | Vet Men (55-59) | 00:16:59 | 00:15:16 | 00:15:03 | | 00:47:20 | 5 | 2 |
| 446 | Devon BAIRD | Male | U19 Men | 00:15:31 | 00:15:58 | 00:15:59 | | 00:47:28 | 6 | 3 |
| 448 | Dean GREGSON | Male | U19 Men | 00:16:07 | 00:16:11 | 00:16:29 | | 00:48:48 | 7 | 4 |
| 447 | Reece MC CALLUM | Male | U19 Men | 00:16:03 | 00:16:22 | 00:16:46 | | 00:49:12 | 8 | 5 |
| 443 | Kusaselihle NGIDI | Male | U19 Men | 00:16:19 | 00:16:39 | 00:16:35 | | 00:49:33 | 9 | 6 |
| 440 | Unathi NXUMALO | Male | U19 Men | 00:16:46 | 00:16:33 | 00:16:24 | | 00:49:44 | 10 | 7 |
| 438 | Thandolwethu MFUPHI | Male | U19 Men | 00:16:56 | 00:16:32 | 00:16:42 | | 00:50:11 | 11 | 8 |
| 417 | Gray BRAATVEDT | Male | Vet Men (55-59) | 00:16:41 | 00:17:09 | 00:17:00 | | 00:50:51 | 12 | 3 |
| 445 | James LYCETT | Male | U19 Men | 00:16:48 | 00:17:11 | 00:17:00 | | 00:50:59 | 13 | 9 |
| 421 | Shaun DRIEMEYER | Male | Vet Men (50-54) | 00:18:46 | 00:17:13 | 00:17:08 | | 00:53:08 | 14 | 2 |
| 512 | Natalie BERGSTROM | Female | Vet Women (45-49) | 00:17:49 | 00:17:48 | 00:18:02 | | 00:53:39 | 15 | 1 |
| 442 | Smangaliso MSOMI | Male | U19 Men | 00:17:59 | 00:18:07 | 00:17:53 | | 00:54:00 | 16 | 10 |
| 418 | Stephen MARNEWICK | Male | Vet Men (55-59) | 00:17:54 | 00:18:07 | 00:18:27 | | 00:54:28 | 17 | 4 |
| 511 | Isabel MOOLMAN | Female | Vet Women (45-49) | 00:18:48 | 00:18:50 | 00:18:55 | | 00:56:34 | 18 | 2 |
| 500 | Zisandele MKHIZE | Female | Vet Women (35-39) | 00:19:41 | 00:18:49 | 00:18:50 | | 00:57:21 | 19 | 1 |
| 414 | Paul SCHMIDT | Male | Vet Men (60-64) | 00:19:30 | 00:19:52 | 00:19:47 | | 00:59:09 | 20 | 1 |
| 548 | Sean Wade LUCIEN | Male | Mixed Tandem | 00:19:37 | 00:20:50 | 00:18:51 | | 00:59:19 | 21 | 1 |
| 549 | Erin ROSS | Female | Mixed Tandem | 00:19:38 | 00:20:49 | 00:18:51 | | 00:59:19 | 22 | 1 |
| 444 | Pholani Bonga KUNENE | Male | U19 Men | 00:20:04 | 00:20:59 | 00:21:13 | | 01:02:16 | 23 | 11 |
| 513 | Amanda WRAY | Female | Vet Women (45-49) | 00:20:32 | 00:21:01 | 00:20:49 | | 01:02:23 | 24 | 3 |
| 413 | Roy WATSON | Male | Vet Men (60-64) | 00:23:19 | 00:21:40 | 00:21:30 | | 01:06:30 | 25 | 2 |



KZN Provincial Championships Individual Time Trial



26 January 2019

19km Time Trail

| RACE # | NAME | GENDER | AGE CATEGORY | LAP 1 | LAP 2 | LAP 3 | LAP 4 | TOTAL TIME | OVERALL POSITION | AGE CATEGORY POSITION |
|--------|----------------------------|--------|--------------|----------|----------|-------|-------|------------|------------------|-----------------------|
| 407 | Warren MOOLMAN | Male | U17 Boys | 00:15:42 | 00:15:58 | | | 00:31:40 | 1 | 1 |
| 411 | James SWART | Male | U17 Boys | 00:16:09 | 00:16:10 | | | 00:32:20 | 2 | 2 |
| 509 | Frances JANSE VAN RENSBURG | Female | U19 Girls | 00:16:16 | 00:16:25 | | | 00:32:41 | 3 | 1 |
| 505 | Chloe BATESON | Female | U17 Girls | 00:16:55 | 00:17:12 | | | 00:34:07 | 4 | 1 |
| 408 | Joel WADSWORTH | Male | U17 Boys | 00:17:29 | 00:17:28 | | | 00:34:58 | 5 | 3 |
| 410 | Shaun BOUWER | Male | U17 Boys | 00:17:44 | 00:17:46 | | | 00:35:30 | 6 | 4 |
| 404 | Evan MOOLMAN | Male | U15 Boys | 00:17:55 | 00:17:58 | | | 00:35:53 | 7 | 1 |
| 406 | Jayden MOOLMAN | Male | U17 Boys | 00:18:01 | 00:17:54 | | | 00:35:55 | 8 | 5 |
| 405 | Thabiso ZINDELA | Male | U17 Boys | 00:18:51 | 00:17:50 | | | 00:36:42 | 9 | 6 |
| 550 | Matthew Balmforth | Male | U15 Boys | 00:18:26 | 00:18:32 | | | 00:36:59 | 10 | 2 |
| 504 | Ainsli DE BEER | Female | U17 Girls | 00:18:53 | 00:19:40 | | | 00:38:33 | 11 | 2 |
| 508 | Courtney MUNRO | Female | U19 Girls | 00:19:30 | 00:20:07 | | | 00:39:37 | 12 | 2 |
| 507 | Taylor MUNRO | Female | U19 Girls | 00:19:33 | 00:20:46 | | | 00:40:19 | 13 | 3 |
| 403 | Thabiso SHANGE | Male | U15 Boys | 00:21:43 | 00:22:30 | | | 00:44:14 | 14 | 3 |



KZN Provincial Championships Individual Time Trial



26 January 2019

9.5km Time Trail

| RACE # | NAME | GENDER | AGE CATEGORY | LAP 1 | LAP 2 | LAP 3 | LAP 4 | TOTAL TIME | OVERALL POSITION | AGE CATEGORY POSITION |
|--------|-----------------|--------|---------------|----------|-------|-------|-------|------------|------------------|-----------------------|
| 402 | Matthew HORTER | Male | U13 Boys | 00:19:52 | | | | 00:19:52 | 1 | 1 |
| 503 | Makayla SAVILLE | Female | U15 Girls | 00:20:28 | | | | 00:20:28 | 2 | 1 |
| 412 | Arthur DUNCAN | Male | Vet Men (70+) | 00:22:25 | | | | 00:22:25 | 3 | 1 |
| 400 | Connor HAWKINS | Male | U11 Boys | 00:22:32 | | | | 00:22:32 | 4 | 1 |